Love · Care · Freedom · Opportunity

The Bevern Trust
more from life
for people with profound disabilities

Space to Thrive Appeal

Fabulous February!

We were delighted to welcome our new **cook**, Sharon Manville, in January, and she has settled in wonderfully. Sharon isn't new to us — she was our cook when Bevern View first opened in 1999! She has been bringing creativity to the kitchen, with themed menus that the residents love. Valentine's Day was no exception, with love in the air and a delicious menu featuring Sweet Heart Soup and Date a Banana cake for dessert.

Music lovers had a marvellous start to the month with the classic album, *Rumours* by Fleetwood Mac as our Tuesday album of the month. With hits like *Dreams* and *Go Your Own Way*, there were some great tunes to listen to. To embrace the '70s vibe, the lounge was transformed with a cosy campfire setting and star projections, creating an immersive atmosphere as everyone laid back to enjoy the music. James especially enjoyed looking at the details on the album cover, and the music was a big hit with everyone.

For the **Chinese New Year** celebrations—marking the Year of the Snake—the lounge was decorated in vibrant gold and red decorations. Stuart, our talented musician, added to the party atmosphere, while residents enjoyed a delicious spread of food, kindly brought in by Sing. There was even a fun surprise—jelly snakes!

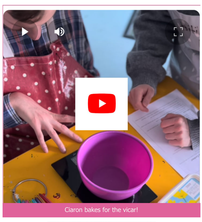
This month's **bowling championship** took a rare twist with Saleem emerging as the victor!

Meanwhile, our new **touchscreen computer** has been a game-changer. Amy loves using it to make choices about what she would like to do - maybe chat with friends, play games, or watch some of her favourite videos on YouTube. She has even been creating music — jamming with Ciaron by playing the piano on the screen! Paul has been enjoying playing cause-and-effect games, which are helping him improve his timing and encouraging him to stretch and move in new ways.

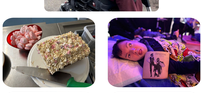
Paul and Simon had a *roarsome* adventure at **Dinosaur World Live!** They joined an intrepid explorer on a journey through a prehistoric world, meeting some truly astonishing dinosaurs — including a mighty Tyrannosaurus Rex, a towering Triceratops, and the rare Segnosaurus.

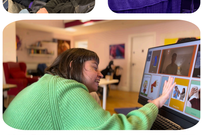
When it comes to self-care, JP discovered that nothing beats a full-body **massage**. In the serene atmosphere of the spa, with gentle massage strokes and soothing music, JP was completely pampered and left feeling wonderfully relaxed.

Ciaron decided to get **baking** in the kitchen and made some delicious chocolate chip cookies for Sara. He even hand-delivered the homemade treats right to Sara's door — and they looked absolutely amazing!



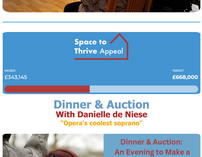
Ciaron bakes for the vicar!

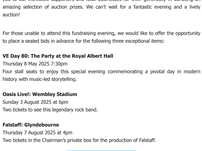


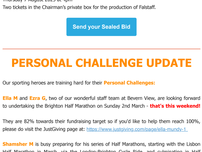


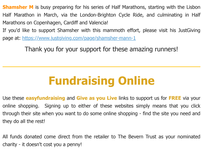
Happy Birthday Paul

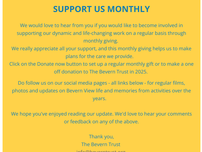
The celebration for Paul's birthday was filled with clowning around, laughter and playful chaos. Leading the fun was Mr. Pineapple Head, who brought a party bursting with toys and delightful clown magic, creating a world of play and silliness. Paul was absolutely thrilled, especially enjoying the slapstick routines set to lively music.

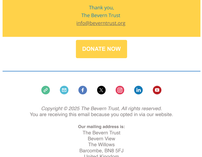












Dinner & Auction
With Danielle de Niese
"Opera's coolest soprano"

Exciting news! Our Dinner tickets are **nearly SOLD OUT** — only two tickets left! If you'd like to join us, please email info@bevern.org.uk today to check on availability. A huge thank you to our incredible supporters and local businesses for their generosity in donating an amazing selection of auction prizes. We can't wait for a fantastic evening and a lively auction!

For those unable to attend this fundraising evening, we would like to offer the opportunity to place a sealed bids in advance for the following three exceptional items:

VE Day 80: The Party at the Royal Albert Hall
Thursday 8 May 2025 7.30pm
Four staff seats to enjoy this special evening commemorating a pivotal day in modern history with music-led storytelling.

Oasis Live!: Wembley Stadium
Sunday 3 August 2025 at 6pm
Two tickets to see this legendary rock band.

Falstaff: Glyndebourne
Thursday 7 August 2025 at 4pm
Two tickets in the Chairman's private box for the production of Falstaff.

Send your Sealed Bid

PERSONAL CHALLENGE UPDATE

Our sporting heroes are training hard for their **Personal Challenges:**

Ella M and **Ezra G**, two of our wonderful staff team at Bevern View, are looking forward to undertaking the Brighton Half Marathon on Sunday 2nd March - **that's this weekend!**

They are 82% towards their fundraising target so if you'd like to help them reach 100%, please do visit the JustGiving page at: https://www.justgiving.com/page/ella-murphy-1

Shamsher M is busy preparing for his series of Half Marathons, starting with the Lisbon Half Marathon in March, via the London-Brighton Cycle Ride, and culminating in Half Marathons on Copenhagen, Cardiff and Valencia!
If you'd like to support Shamsher with this mammoth effort, please visit his JustGiving page at: https://www.justgiving.com/page/shamsher-mann-3

Thank you for your support for these amazing runners!

Fundraising Online

Use these **easyfundraising** and **Give as you Live** links to support us for **FREE** via your online shopping. Signing up to either of these websites simply means that you click through their site when you want to do some online shopping - find the site you need and they do all the rest!

All funds donated come direct from the retailer to The Bevern Trust as your nominated charity - it doesn't cost you a penny!

Support us through easyfundraising

Give as you Live®

SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving.

We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2025.

Do follow us on our social media pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you,
The Bevern Trust
info@bevern.org.uk

DONATE NOW

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