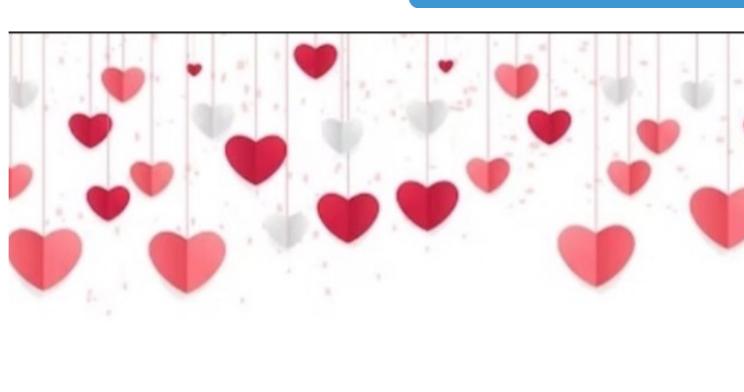


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the residents love. Valentine's Day was no exception, with love in the air and a delicious menu featuring Sweet Heart Soup and Date a Banana cake for dessert.

Fabulous February!

We were delighted to welcome our new cook, Sharon Manville, in January, and she has

settled in wonderfully. Sharon isn't new to us — she was our cook when Bevern View first

opened in 1999! She has been bringing creativity to the kitchen, with themed menus that

Music lovers had a treat this month with the classic album, *Rumours* by Fleetwood Mac as our Tunesday album of the month. With hits like Dreams and Go Your Own Way, there were some great tunes to listen to. To embrace the '70s vibe, the lounge was transformed with a cosy campfire setting and star projections, creating an immersive atmosphere as everyone laid back to enjoy the music. James especially enjoyed looking at the details on

For the Chinese New Year celebrations—marking the Year of the Snake—the lounge was decorated in vibrant gold and red decorations. Stuart, our talented musician, added to the party atmosphere, while residents enjoyed a delicious spread of food, kindly brought in by Sing. There was even a fun surprise—jelly snakes! This month's **bowling championship** took a rare twist with Saleem emerging as the victor!

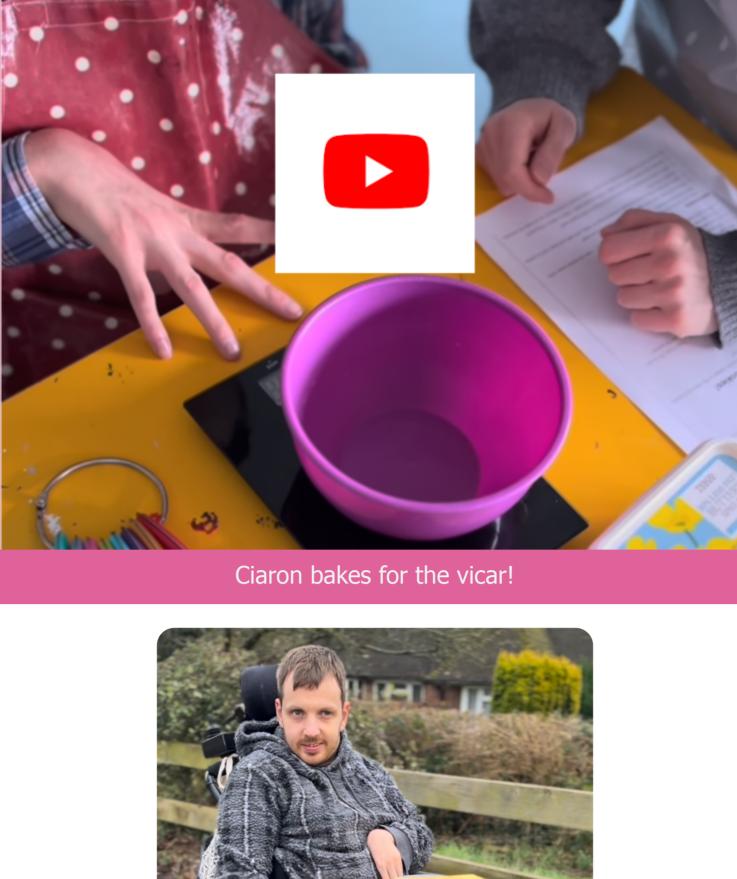
or watch some of her favourite videos on YouTube. She has even been creating music — jamming with Ciaron by playing the piano on the screen! Paul has been enjoying playing cause-and-effect games, which are helping him improve his timing and encouraging him to

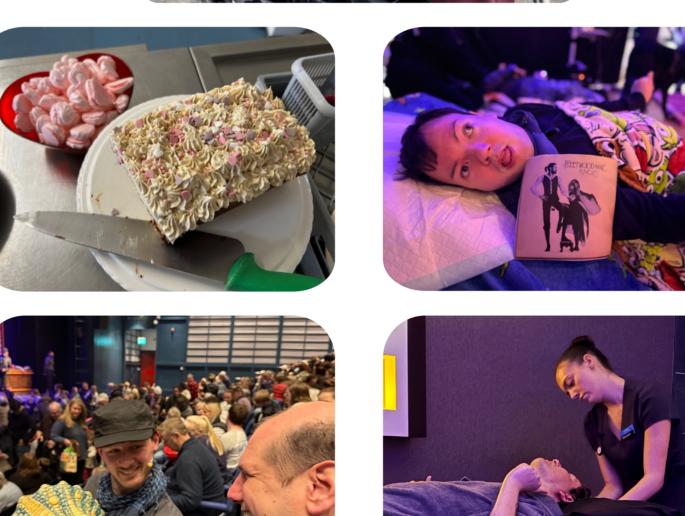
Meanwhile, our new touchscreen computer has been a game-changer. Amy loves using

it to make choices about what she would like to do - maybe chat with friends, play games,

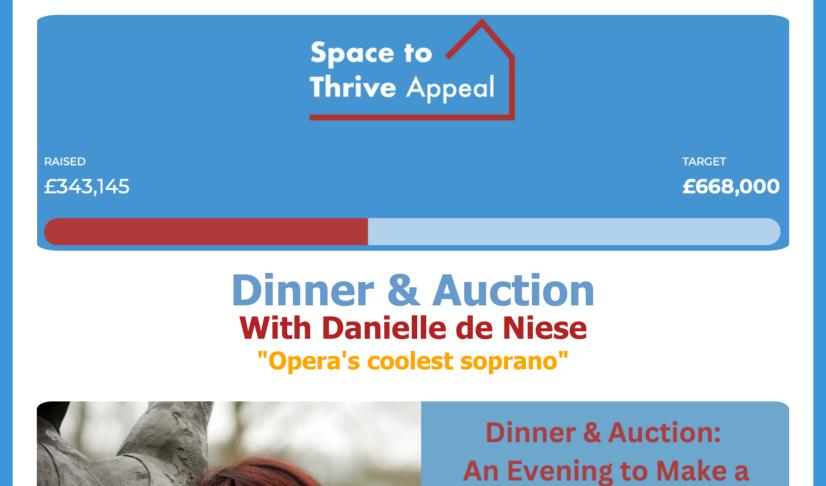
When it comes to self-care, JP discovered that nothing beats a full-body massage. In the serene atmosphere of the spa, with gentle massage strokes and soothing music, JP was completely pampered and left feeling wonderfully relaxed. Ciaron decided to get **baking** in the kitchen and made some delicious chocolate chip

they looked absolutely amazing!





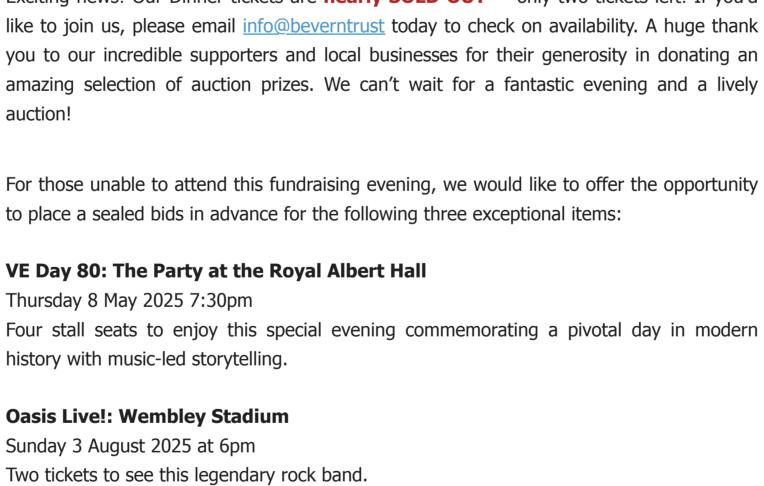




Difference

An evening with Danielle de Niese

Hosted by our Patron, Natasha Kaplinsky



Send your Sealed Bid

They are 82% towards their fundraising target so if you'd like to help them reach 100%,

Shamsher M is busy preparing for his series of Half Marathons, starting with the Lisbon

Half Marathon in March, via the London-Brighton Cycle Ride, and culminating in Half

please do visit the JustGiving page at: https://www.justgiving.com/page/ella-mundy-1

PERSONAL CHALLENGE UPDATE

Two tickets in the Chairman's private box for the production of Falstaff.

Marathons on Copenhagen, Cardiff and Valencia! If you'd like to support Shamsher with this mammoth effort, please visit his JustGiving page at: https://www.justgiving.com/page/shamsher-mann-1 Thank you for your support for these amazing runners!

online shopping. Signing up to either of these websites simply means that you click through their site when you want to do some online shopping - find the site you need and they do all the rest!

All funds donated come direct from the retailer to The Bevern Trust as your nominated

Fundraising Online

Use these easyfundraising and Give as you Live links to support us for FREE via your



We really appreciate all your support, and this monthly giving helps us to make

photos and updates on Bevern View life and memories from activities over the

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2025. Do follow us on our social media pages - all links below - for regular films,

years. We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

> info@beverntrust.org **DONATE NOW**

Thank you,

The Bevern Trust





The Willows Barcombe, BN8 5FJ **United Kingdom**

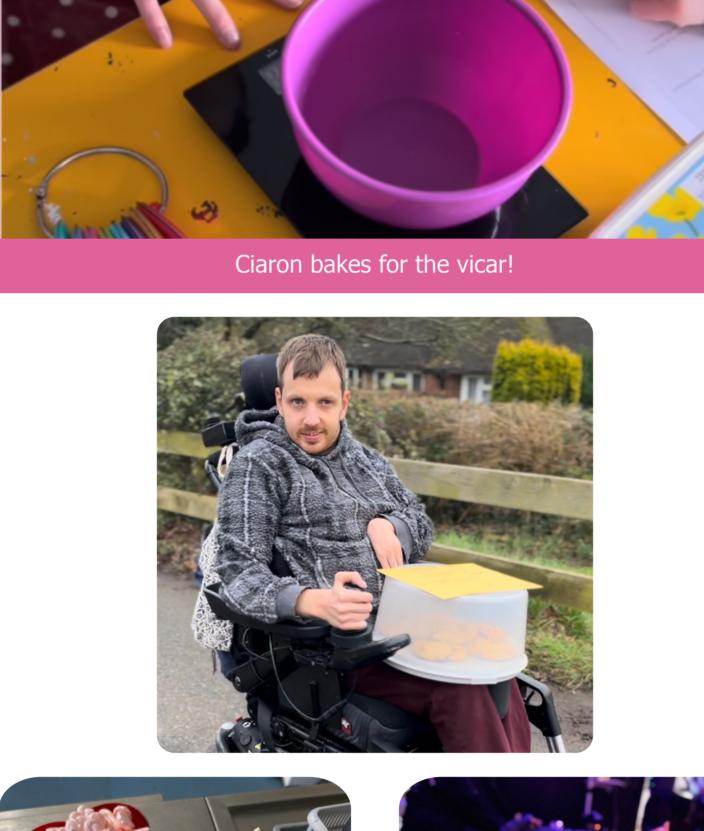
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the album cover, and the music was a big hit with everyone.

stretch and move in new ways. Paul and Simon had a *roarsome* adventure at **Dinosaur World Live**! They joined an

intrepid explorer on a journey through a prehistoric world, meeting some truly astonishing dinosaurs — including a mighty Tyrannosaurus Rex, a towering Triceratops, and the rare Segnosaurus.

cookies for Sam. He even hand-delivered the homemade treats right to Sam's door — and







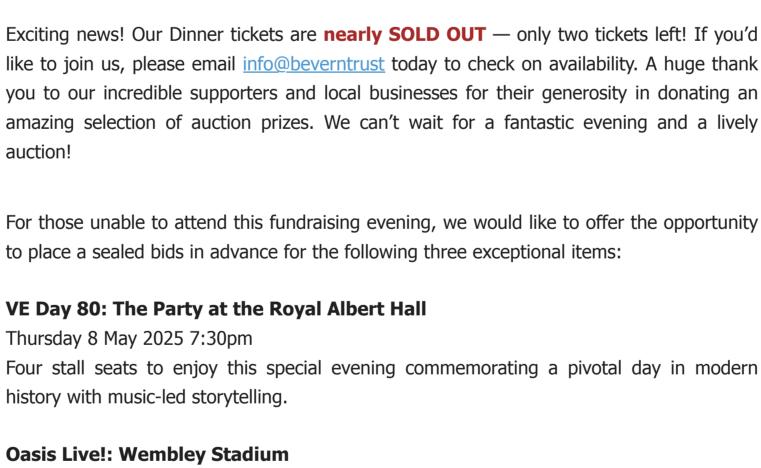
Happy Birthday Paul

The celebration for Paul's birthday was filled with clowning around, laughter and playful

chaos. Leading the fun was Mr. Pineapple Head, who brought a party bursting with toys

and delightful clown magic, creating a world of play and silliness. Paul was absolutely

thrilled, especially enjoying the slapstick routines set to lively music.



Space to

hotograph by Sven Arnstein

Falstaff: Glyndebourne

Thursday 7 August 2025 at 4pm

Thrive Appeal

Our sporting heroes are training hard for their **Personal Challenges**: Ella M and Ezra G, two of our wonderful staff team at Bevern View, are looking forward to undertaking the Brighton Half Marathon on Sunday 2nd March - that's this weekend!

charity - it doesn't cost you a penny!

