

As we step into 2024, we are not just embracing the promise of a fresh start, but also celebrating a significant milestone in our journey. This year marks the **25th anniversary** of The Bevern Trust, and we are thrilled to reflect on the incredible impact we have collectively made in providing 'more from life' for our 11 profoundly disabled residents.

Over the past quarter-century, your support and dedication have transformed the lives of those we care for. From the bottom of our hearts, thank you for being a part of this remarkable journey.

As we embark on this special year, we have exciting news to share. Get ready for a calendar brimming with thrilling fundraising events, each designed to contribute towards our mission of enhancing the lives of our residents. Among these, our flagship fundraiser on **8th March**, promises to be a night to remember.

Your involvement and generosity have been the driving force behind The Bevern Trust's success, and we look forward to celebrating this significant anniversary and achieving new milestones together.

Thank you for your continued support, and here's to another 25 years of making a difference!

Launching into 2024!

We started this month both looking backwards and forwards. Our **Big Quiz of 2023** was a great success! Full of questions looking back at the wide variety of different activities and events of 2023 for the residents, we laughed a lot at the many happy memories.

During **Lighthouse** group we talked about the resident's dreams for the year - most of these seemed to revolve around Valentine's Day!

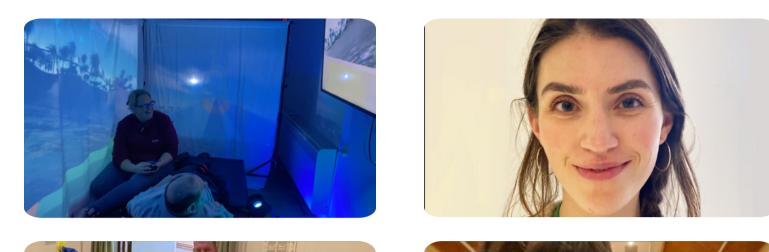
Paul adored his **multisensory** experience. He loves motorbikes and was able to feel the rumbles of a motorbike as it raced round a track by sitting on a vibroacoustic bed. He had a 180 degree view of the race with synchronised views from the sides and front as if he himself was riding in the race. There was also a smoke machine for added effect along with flashing lights and extra racing sounds.

Our wonderful **music therapist** Jen will be leaving us at the end of the month to have a baby! We held a baby shower to celebrate and wish her well. We can't wait to hear her news when the little one arrives!

Paul, Mark and Amy were warmly welcomed by the **Plumpton Panto** crew and thoroughly enjoyed the show. They also loved meeting the actors afterwards too.

As **Chloe's birthday** was so close to our Christmas and New Year celebrations, it was only right that she had an extra party! Her spectacular party was New Year's Eve themed with lots of glitz and glamour. The Nosecco was flowing, and Amy, Simon, Paul and James made a wonderful birthday cake to share. There was musical entertainment from Vanessa and the party ended with a countdown to 'midnight' and virtual fireworks.

Paul, JP, Ciaron, Holly and Mark had a **multisensory virtual magic carpet ride** to find a golden lamp. There were moving visuals and speakers, with sounds that matched a flying carpet swooping around, to make it feel like the residents were flying around Aladdin's world. As they soared over deserts and ice caps or past fire, the lights would suddenly flicker red and orange or blue. There were also water sprays for when the resident was near water or flew through waterfalls and hair dryers for when they went into the desert or past flames. They then discovered the magic lamp in The Cave of Doooom! The lamp allowed the residents to make three wishes for the year and using iPads, they chose their wishes. One of Ciaron's wishes is to make his own perfume whilst JP wants to go to a music festival and sit in a sports car. Let's hope those wishes come true!















Celebrating local visionaries through Dinner, Dialogue and Auction

Come and celebrate with us at our 25th Anniversary Dinner & Auction on Friday 8th March, 7pm at Barcombe Village Hall

This year, we're marking the 25th anniversary of empowering lives as well as providing outstanding care and support for the profoundly disabled adults of Bevern View.

Hosted by our patron, Natasha Kaplinsky, who will be joined by special guests, screenwriters William Nicholson and Kim Fuller. We hope you can join us for an engaging celebration that seamlessly weaves together personal narratives and professional journeys, some spectacular bidding wars and an opportunity to hear more of our exciting future plans!

Funds raised from the evening will go towards the continuation of our resident's educational programme, activities and vital therapies.

Our journey so far has been a testament to the power of love, support and dedication, from our amazing staff, loving families, and our incredible residents who have made Bevern View their forever home. We are bursting with pride at the impact we've made on so many lives, and we are committed to continuing our mission of spreading joy and enhancing the wellbeing and happiness of our residents.

Tickets are £55 per person to include a three course dinner and there will be an exciting opportunity to win some amazing donated gifts at the auction. Drinks will be available to purchase from the bar throughout the evening.

Thank you so much for supporting us in this key fundraising event of 2024.

Buy Your Tickets Here

Our Fundraising Year Ahead

We're looking forward to a variety of exciting fundraising activities in the year ahead and will be sharing more details with you in the next few weeks.

7th April sees us down at the **Brighton Marathon** where we are delighted to be cheering on our marathon runner, Harvey H. Harvey is undertaking his own personal challenge in running the marathon whilst raising funds for The Bevern Trust at the same time - thank you, Harvey! If you'd like to support his marathon efforts, his just giving page is open for donations: <u>https://www.justgiving.com/page/hhbrighton2024</u>

On **Saturday 20th April**, we look forward to welcoming you again to the beautiful gardens at Banks Farm, giving an opportunity to take a relaxing walk around the grounds, enjoying the sights and sounds of Spring in a quintessential English garden.

We have a Summer Solstice evening celebration at the beautiful historical Hamsey House, Hamsey on **Friday 21st June.** Further details of this special event to follow.

Then look out for further dates in September as Hamsey House will be part of Art Wave and have chosen us as their charity to support this event by providing refreshments on the weekends of **7th & 8th September** and **21st & 22nd September**.



Thank you

We would like to say a huge thank you to everyone who donated to our **Christmas Wish List** appeal. We have been able to purchase some of the items from our list already.

The residents love the full body massage mat. It has ten massage motors which provide a soothing and vibrating full body massage. This helps to relieve stress, aches and tension. It also has four heating zones in the upper and lower back, thighs, and calves, which help to soothe and loosen tense muscles and improve blood circulation. As you can see, Simon looks very relaxed.

We have also purchased a microwave. Whilst this isn't quite as exciting as a massage mat, it enables us to prepare breakfasts quicker and have more flexibility around lunches so, that the residents can choose when they would like to eat. Sometimes little things can make a huge difference.



Leaving a Life-Changing Legacy

Would you considering leaving a gift in your Will to help secure the vital life changing work that the Bevern Trust provides?

We understand that your priority will be looking after your loved ones, but we do hope that you might then consider leaving a gift, no matter what the size to The Bevern Trust.

We offer access to a free Will Writing Service. For more information visit <u>https://beverntrust.org/legacies/</u> or email <u>info@beverntrust.org</u>

Start 2024 with a fundraising Personal Challenge

Please do get in touch if you'd be interested in setting yourself a Personal Challenge during 2024. Email Kirsty at Kirsty.baker@beverntrust.org discuss any ideas or how we can support you.

Easyfundraising is so easy!

Don't forget the opportunity to support The Bevern Trust whilst shopping in your usual online stores.

Signing up is easy - just visit <u>https://www.easyfundraising.org.uk/causes/thebeverntrust/</u> and join for ree . There are no catches or hidden charges and The Bevern Trust will be real

free. There are no catches or hidden charges and The Bevern Trust will be really grateful for your donations.

Thank you for your support.

SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving. We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2023.

Do follow us on our social media pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you, The Bevern Trust info@beverntrust.org

DONATE NOW



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