Love - Care - Freedom - Opportunity

The Bevern Trust
more from life
for people with profound disabilities

We've reached our target!

We're delighted to share the exciting news that we have reached our Minibus Appeal target! Through a combination of generous personal donations, sporting personal challenges, fundraising events and charitable grants we are thrilled to be able to purchase our minibus! We will be making the purchase and delivery in the following months and will share some photos when our residents have their first outing.

Thank you: to all who have so kindly offered individual or family donations.
Thank you: to everyone who has undertaken a huge personal physical challenge to raise funds - Freddy LG, Maggie B, Rachael B and Shelley G.
Thank you: to everyone who took part in our fundraising events - the Easter Hamper, Dial Medicine for Murder, Holford Manor Open Gardens, Banks Farm Open Gardens and the Quiz night.
Thank you: to the Trusts and Foundations who have so generously supported this appeal - The Gerald and Gail Robson Family Foundation, Jaspar Foundation, Beatrice Laing Trust, Marsh Charitable Trust, Golders Green Foundation, Mary Alice Harris Trust and JC Robinson Foundation.

In Our Home

Autumn Watch has continued this month. After going on a scavenger hunt to find some nature items, we made pictures of animals. We have looked at how the season is changing with regular photos of the village and had a bonfire at Wild About Barcombe to experience the classic smells and sounds of an autumn bonfire.

Our **Bowling Championship** resumed this month but unusually, the scores got lower as we went along. **Chloe** stole the show with a 47 pointer but no one else could overtake her. That was until late on when **Simon** pipped her with a 48 pointer.

After this, the points started to roll, with **JP** smashing out the winning 54 points. There was some late drama as JP sat on the edge of his seat waiting for **Saleem** to finish with a very close 49 points.

Congratulations to **JP** on his victory. This leaves both leagues wide open. Anybody could win with two months left.

This month's **communication** sessions have been exciting with Thor the therapy dog coming to visit. Therapy dogs provide comfort, distraction and stimulation. The residents were encouraged to stroke him and talk to him whilst he was happy to receive the attention and affection.

Within Bevern, the residents use **adaptive switches** to undertake tasks which they would not otherwise be able to do. An adaptive switch enables them to use technology and operate electronic devices. Instead of turning a knob or coordinating two actions at once, the switches offer easier movement solutions, such as pressing a button. Chloe loves using the switch to turn the mixer on and off when baking and Ciaron loved using a switch to make his friends laugh with funny sounds and visuals during an interactive game.

Happy Birthday Holly!

Holly celebrated her 36th birthday with a This is Your Life celebration. We learnt about where Holly was born, grew up and where she went to school, and watched videos from her life as well as attempting to write our names in Chinese letters in sand.

This is a significant birthday for Holly as she has completed 3 cycles of the Chinese Zodiac. Holly was born in the year of the rabbit so Sing made her a cake decorated with rabbits.

Holly's personality certainly fits in with the attributes of the rabbit as they tend to have a gentle nature and are cheerful to be around.

Celebrity Extravaganza:
A Star-Studded Pantomime Spectacle

A highlight of a Bevern Christmas is our annual Nativity and this year we're delighted to present our **all-star nativity panto** featuring actress **Gemma Arterton**, actress **Zoe Croft**, Strictly star and President of BBFC **Natasha Kaplinksy OBE**, actor **Rory Keenan**, Ashdown Radio's **Gary King**, and wine expert and TV presenter, **Oli Smith**, plus Barcombe's own **Rev Sam Carter!**

Launching in December, for a donation to our Christmas fundraising, you will receive an online link - we know you will love it!

Find out more about the panto and all our Christmas fundraising activities on our website and social media during November and December.

Late Night Shopping

As we're all preparing to start our Christmas shopping, we'd love you to note a date for your diaries - **Thursday 7th December** sees Late Night Shopping in Lewes town from 6-9pm. Come along and join in the festivities, joy and celebrations whilst completing your Christmas shopping list.

We are delighted this year to be the chosen Charity for the evening, with shoppers and stall holders helping raise funds for The Bevern Trust.

If you have a spare half hour or an hour available to be a Charity Street Collector, please do email info@beverntrust.org, we'd love to hear from you. It's an enjoyable role, a chance to engage with shoppers and potential supporters in a relaxed way.

Thank You

We would like to say a big **THANK YOU** to the Boshier-Hinton Foundation for giving us a grant of **£2000** for the maintenance of our hydrotherapy pool. This grant means we can ensure that the changing room is well maintained, enabling our residents to use the hydrotherapy pool and physiotherapy sessions on a regular basis.

Maidstone Half Marathon

Congratulations to **Rachael B** for completing the rather hilly Maidstone half marathon in a speedy time of 2hrs and 5 mins! Thankfully, she managed to avoid the awful October rain and the weather was clear and bright. Although there were more hills than she expected, she says she really enjoyed it! Rachael was delighted to exceed her fundraising target, hitting **£1,297** including gift aid donations. Well done Rachael!

Rachael's brother, Simon, is a resident at Bevern View and he joined Rachael, along with the rest of the family at the finish line to celebrate. Simon was in great spirits and telling lots of jokes!

If you've been inspired and would like to undertake your own personal challenge, email Kirsty.baker@beverntrust.org to discuss this further or share your ideas.

Places are still available for the Brighton Marathon 2024 on Sunday 7th April 2024 and the Ford Ride London-Essex 60 on Sunday 26th May 2024 so use the email above to request your charity place!

Wildlife in Hamsey

Residents in Hamsey were delighted to have an opportunity to discover more of the natural world on their doorstep, as Peter S presented his slideshow, *Wildlife in Hamsey*. Generous supporters gave donations to the Bevern Friends for their refreshments on the night, raising £84.

If you would like to get involved, or find out more about fundraising through Bevern Friends, email info@beverntrust.org for more details.

What's coming up?

Fundraising is easy!

Thank you to this month's new supporters on easyfundraising - your support is so important, and so easy!

Don;t forget - you can sign up anytime. It's so simple - just visit https://www.easyfundraising.org.uk/causes/thebeverntrust/ and join for free.

There are no catches or hidden charges and The Bevern Trust will be really grateful for your donations.

Thank you for your support.

SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving. We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2023.

Do follow us on our social media pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you,
The Bevern Trust
info@beverntrust.org

DONATE NOW

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