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Love - Care - Freedom - Opportunity

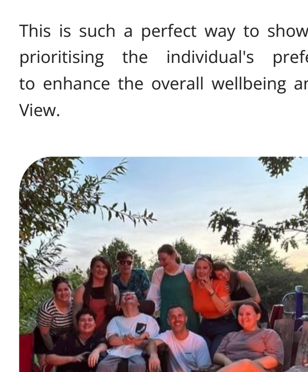
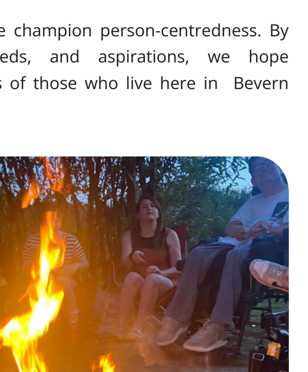
The Bevern Trust
more from life
for people with profound disabilities

Putting people first "The Power of Person-Centredness"

Our home is driven by our person-centred programme. Each resident is unique, with their own preferences, values, and aspirations. By focusing on the person, not just their needs or conditions, we can show respect for their inherent dignity and right to make choices about their own lives.

Before we said goodbye to summer, JP received an invitation from his friends to go camping 🔥. JP made it clear that he was very keen to go and with a lot of creative thinking from staff and friends we ensured that this could happen for him. He spent the evening stargazing under the night sky, listening and laughing as hilarious stories were told. S'mores were made and marshmallows were toasted, some even spotted shooting stars! 🤩 A massive thank you to @thesecretcampsite.

This is such a perfect way to showcase how we champion person-centredness. By prioritising the individual's preferences, needs, and aspirations, we hope to enhance the overall wellbeing and happiness of those who live here in Bevern View.

In Our Home

With the start of Autumn approaching, we have started a new series called **Autumn Watch**, seeing how everything is changing, from the weather to the trees and leaves. We have collected autumn leaves, acorns and helicopter seeds which we have used to make an autumn collage and also used in an autumn sensory story.

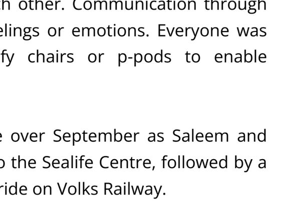
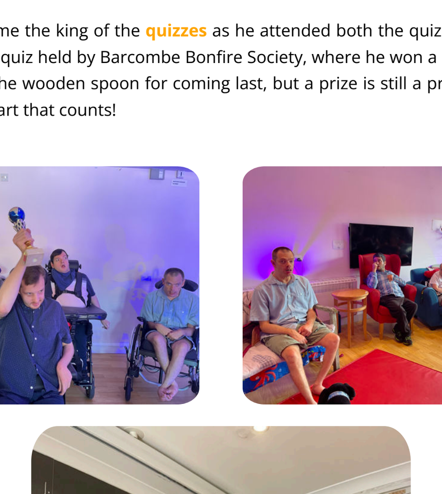
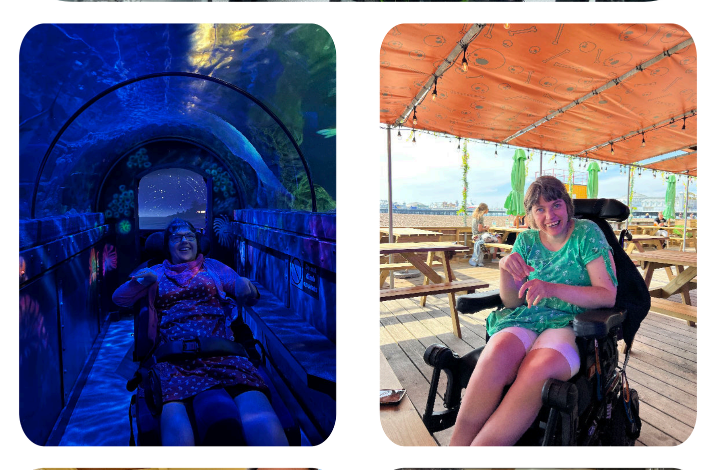
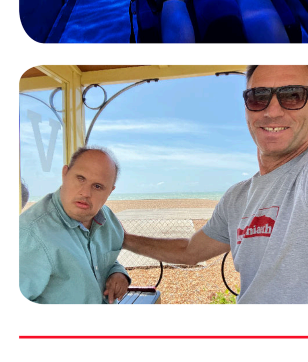
This month sees the launch of our **International Bowling Championship**. Simon, Amy, JP, Saleem and Holly took part as the Rest of the World as they have links with other countries. The remaining six residents competed as Team England. England won the tournament and were presented with the new International trophy, to be displayed in the new trophy cabinet in reception, kindly made by Terry.

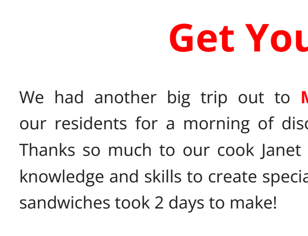
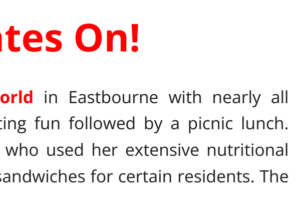
In an exciting combination of games and acting, **Detective JP** and his team had to crack the case of a man who had been murdered on a yacht. Was it the business partner, the magician or the chef? Great fun was had, with a murder board and detective costumes to help everyone get into character.

During our **communication** sessions we have been focusing on touch, being caring, and being compassionate towards each other. Communication through touch is a physical contact that expresses feelings or emotions. Everyone was out of their chairs, sitting on sofas, comfy chairs or p-pods to enable the residents to all sit together and socialise.

Trips to **Brighton** were a popular occurrence over September as Saleem and Mark went up the i360, Amy and Chloe went to the Sealife Centre, followed by a picnic on the beach, while Jonathan went for a ride on Volks Railway.

JP has become the king of the **quizzes** as he attended both the quiz at the Zone Bar and the quiz held by Barcombe Bonfire Society, where he won a prize! It may have been the wooden spoon for coming last, but a prize is still a prize, and it is the taking part that counts!

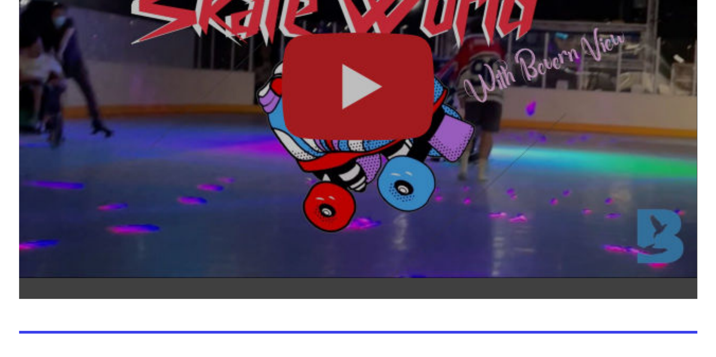



Get Your Skates On!

We had another big trip out to **My Skate World** in Eastbourne with nearly all our residents for a morning of disco roller skating fun followed by a picnic lunch. Thanks so much to our cook Janet (and Teresa) who used her extensive nutritional knowledge and skills to create specially adapted sandwiches for certain residents. The sandwiches took 2 days to make!

Ciaron obviously loved being able to drive his chair fast around the rink, whilst Chloe loved the music and flashing lights.

SPORT ENGLAND We are extremely grateful to **Sport England** for providing a grant to fund our multi-activity sports programme, which includes sailing, gym, swimming and skiing, as well as our fabulous skating trip.

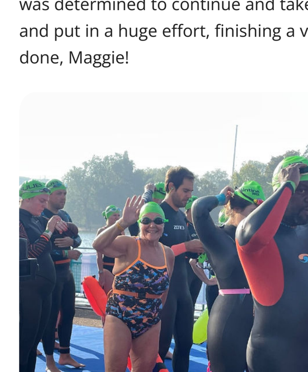
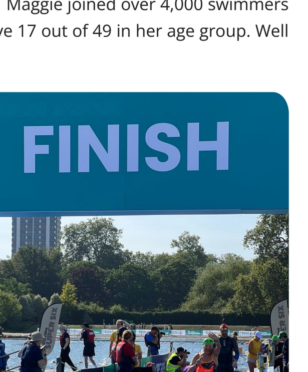


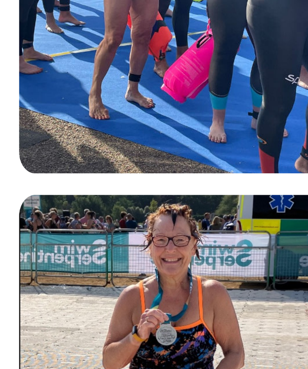
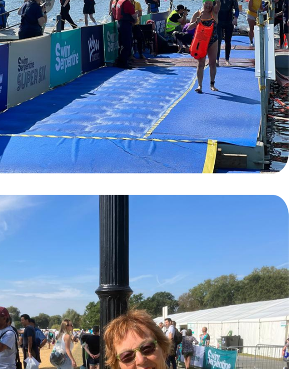
Congratulations Maggie!

Swim Serpentine

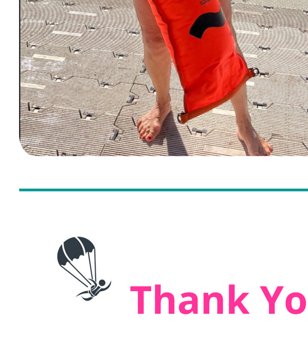
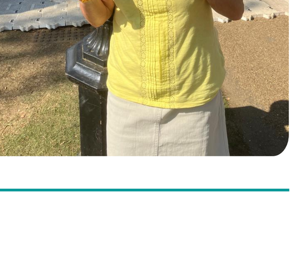
We are so proud of Maggie and her huge effort in completing the **Swim Serpentine** 2km swim in September! We are extremely grateful to her for raising a magnificent **£5891** through the generosity of her friends and family, and her Mum's church in Woking, many of whom knew Maggie growing up and were delighted to support her.

Despite various aches and injuries during her training, and the threat of the entire event being cancelled due to the presence of blue-green algae in the water, Maggie was determined to continue and take the plunge! Maggie joined over 4,000 swimmers and put in a huge effort, finishing a very impressive 17 out of 49 in her age group. Well done, Maggie!

Thank You To Our Skydivers!

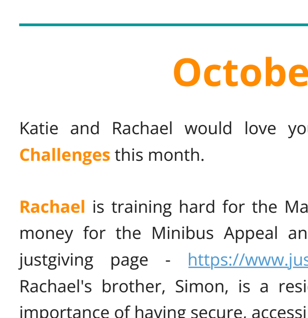
Congratulations to Mirek, Vicky and Shelley for leaping from a plane to raise money for The Bevern Trust! They were supported by family and friends, raising over **£635**, which we are so thankful for and really appreciate their amazing effort and energy.

A big **THANK YOU** also to Jen and Shelley for organising a quiz at The Zone Bar in Brighton and for the support of the team at The Zone Bar. Attended by over 50 people, including JP, they raised over **£700**!

Barcombe Flower Show Success!

On Saturday 2nd September, James took part in the local Barcombe Flower & Produce Autumn Show. He did really well and won 1st Prize with his Pink Rose and was presented with The Goldstein Rose Bowl for Best Rose. What a clever chap!

We would also like to thank the Autumn Show committee who generously donated over £300 from their raffle and garden club.



October Challenges

Katie and Rachael would love your support as they undertake their **Personal Challenges** this month.

Rachael is training hard for the Maidstone Half Marathon on 22nd October, raising money for the Minibus Appeal and would be delighted for any support on her justgiving page - https://www.justgiving.com/page/rachael-bacon-1689763564078. Rachael's brother, Simon, is a resident at Bevern View and she understands the importance of having secure, accessible transport for the residents.

Katie is still out and about and enjoying her #hack1000miles challenge:
www.justgiving.com/page/katie-richards-1682710718710.
Katie says "*We are having a little switch around with horses as unfortunately Polly is having to retire due to a flare up of a preexisting injury. Her foal, Phoenix, is now old enough to start working though so she will be taking over the fundraiser with me in Polly's place.*"

If you've been inspired and would like to undertake your own challenge, email Kirsty.baker@beverntrust.org to discuss this further or share your ideas.

Places are still available for the Brighton Marathon 2024 on Sunday 7th April 2024 so email Kirsty.baker@beverntrust.org asap to request your charity place!

Minibus Appeal Update

Donate here

Fundraising is easy!

Thank you to all those who have signed up this month to support The Bevern Trust whilst you shop - your support is so encouraging!

If you haven't yet managed to sign up - its so simple - just visit https://www.easyfundraising.org.uk/causes/thebeverntrust/ and join for free.

There are no catches or hidden charges and The Bevern Trust will be really grateful for your donations.

Thank you for your support.

SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving. We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2023.

Do follow us on our social media pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you,
The Bevern Trust
info@beverntrust.org

DONATE NOW

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