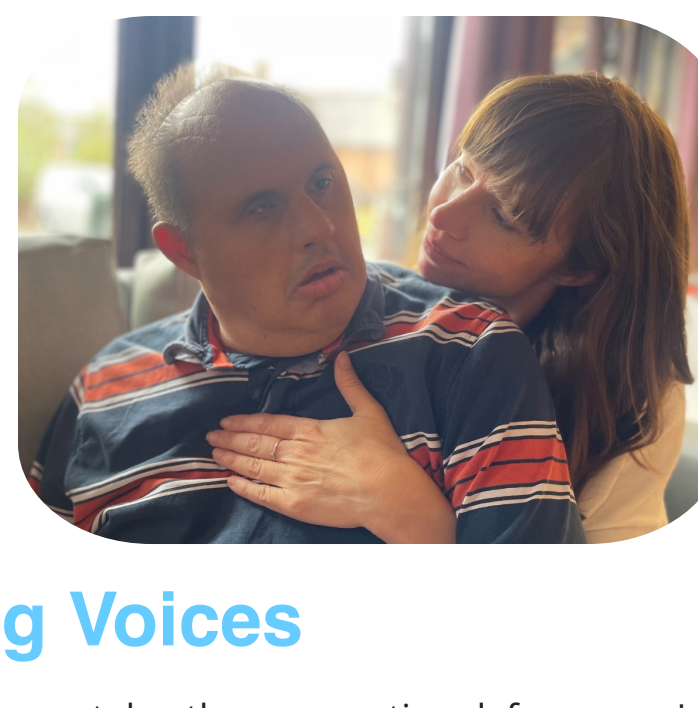


Love - Care - Freedom - Opportunity



## Connecting Voices

At Bevern View communication doesn't always take the conventional forms we're accustomed to. Our resident's voices might be expressed through subtle gestures, eye movements, or assistive technologies, but these forms of expression are no less valid. It is so important to us that we recognise our responsibility and facilitate these unique modes of communication, ensuring that every individual, regardless of their abilities, has the chance to be heard and understood.

At the start of the year Nicky Ashdown, our Communications Co-ordinator has been delivering her person-centred communication training with the involvement of our parents. Together we explore the challenges their sons and daughters have in articulating their thoughts, the innovative technologies that empower them to engage with the world, and the remarkable stories of those who have found their voice against all odds.

Staff have been so grateful to our parents for giving us their time in order that we gain insights into their back stories such as the battle they have faced in society. The training has been emotional and has ultimately brought us all closer together.

By continuing with this incredibly unique training, we drive change and encourage empathy as we champion the rights of our residents. Together, we amplify their voices, bridge communication gaps, and continue to give everyone the opportunity to share their thoughts and dreams.

## August Activities

Our residents have enjoyed many different activities this month and it's been a typically busy time at Bevern View. **Tuesday** was filled with a wide variety of music as we looked at what record was at number one on the staff and resident's birthdays. Having been told the year, the residents then listened to each of the songs before guessing whose birthday it related to. The tunes ranged from Puppy Love by Donny Osmond for Mark (1972), Spirit in the Sky by Doctor and the Medics for Amy (1986) to Evergreen by Will Young for Megan (2002).

With the Women's World Cup in full swing this month the residents have enjoyed lots of **football themed activities** as well as some exciting games cheering the women's team on. The residents took part in a penalty shoot-out with a blindfolded goalie. Mark used his walking sling to kick the ball whilst Chloe and some of the other residents had hand over hand support to push the ball towards the goal.

Saleem, Mark, James, Amy, Holly and Chloe enjoyed a trip to the **theatre** in Eastbourne to see Rainbow Rae and the Colour Stone Rescue. The residents joined Rainbow Rae's team and by finding the cunning clues and solving the fiendish puzzles, helped defeat Wizard Whack and rescue the seven magic stones that create all the colour in the world. Well done gang!

The residents were definitely the stars of the show in our **photoshoot** earlier this month. Here are a couple of the behind the scenes snapshots.

**India's Independence Day** was celebrated on 15th August. Anna wowed us all with her amazing samosa, Bombay potatoes and tandoori chicken and we all got involved in the Bollywood dancing.

Every other Thursday some of the residents at Bevern View have an **interactive story session**, enabling them to learn more about a well-known story and shoot a movie of it as a memento. Check out our latest story, I've Lost My Mum, based on Julia Donaldson's Monkey Puzzle below.



## Chailey Games

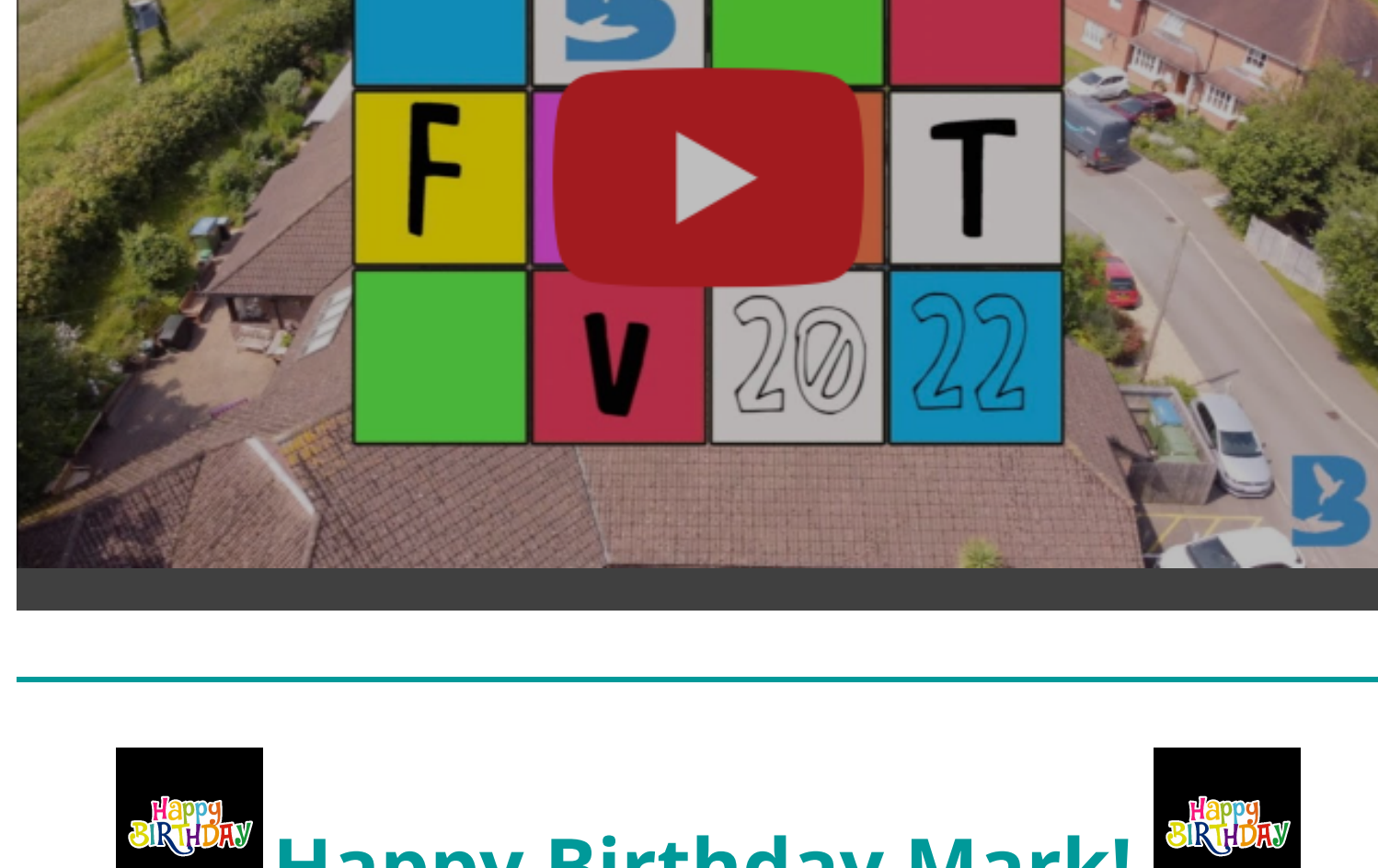
The Chailey Games have been a highlight in our sporting calendar this month. Ciaran and Simon each enjoyed great success and had a lot of fun.

Ciaran spent a fair amount of time getting ready for the big event and had Nicky and Immy running around after him with hairbrush, razor and aftershave! Using his Bevern bowling expertise, Ciaran decided to enter the Boccia (pronounced bot-cha) event. What is Boccia you may ask? It is a Paralympic target ball sport which tests both muscle control and accuracy. From a seated position players propel balls to land close to the jack on a specially marked out court. Not only did Ciaran have the joy of taking part in the event, but HE WON! You can see how happy he is in the photo below!



## Throwback to 2022...

Remember the amazing music extravaganza that was BevFest? Take a look at the video to remind yourself of how much fun the residents had at their very own festival.



## Happy Birthday Mark!

Mark is our oldest resident, although you wouldn't believe it by looking at him; he has incredible genes!

As well as celebrating his birthday with some special time with his family and friends, Mark was whisked off with his pals to the Brighton Marina for a delicious birthday lunch, a spot of sight seeing and a bit of shopping.



## Challenge Update

September will be a busy month for our amazing **Personal Challenge** supporters. Here's a quick reminder of what's happening in September - they would love your support and encouragement with any donation using the links below:

**Shelley, Mirek & Vicky's** exciting skydive! They would love to invite you to their fundraising **Quiz Night**, details below:  
[www.justgiving.com/page/shelley-griffon-1690014645469](http://www.justgiving.com/page/shelley-griffon-1690014645469)

**Maggie** has been training hard with some practice cold water swims for her Serpentine Swim:  
<https://www.justgiving.com/page/maggie-beeford-1690489257274>

**Katie** is still out and about on Polly for their #back1000miles challenge:  
[www.justgiving.com/page/katie-richards-1682710718710](http://www.justgiving.com/page/katie-richards-1682710718710)

If you've been inspired and would like to undertake your own challenge, email [kirsty.baker@beverntrust.org](mailto:kirsty.baker@beverntrust.org) to discuss this further or share your ideas.

We currently have two exciting opportunities for any supporters who enjoy running or cycling, with more planned for 2024. Places are available on a first-come-first-served basis so email [kirsty.baker@beverntrust.org](mailto:kirsty.baker@beverntrust.org) asap to request your charity place!

- Brighton Marathon:** If you would like a charity place to run the Brighton Marathon on Sunday 7th April 2024, please get in touch. Deadline for us to book a place is Thursday 7th September.
- Ford Ride London-Essex 60:** We have until Thursday 21st September if you would like a place for the 60 mile ride on Sunday 26th May 2024.

## Quiz Night

**QUIZ Night** @ The Zone  
 33 St James Street, Kemp Town, Brighton, BN2 1RF.  
 HOSTED BY SAS \*\*  
 Plus Fundraiser and RAFFLE Prizes to be won.  
 Raising money for **The Bevern Trust**  
**Monday 4th Sept 7pm Start**  
 CASH PRIZE | DRINKS & TABS | BONUS PRIZES  
 £3PP (£1 donated to The Bevern Trust) Groups Max 6 People  
 Zone Bar Brighton | QR CODE: JUSTGIVING FUNDRAISER | MINIBUS APPEAL

## Minibus Appeal Update

**43%** We're almost halfway there!! Thank you for your continued support.  
[Donate here](#)

## SAVE THE DATE

Bevern Annual Dinner & Auction  
 Friday 24th November 2023  
 Barcombe Village Hall

We look forward to sharing further details of this special fundraising event on our website, newsletter and social media.

## We could receive £1,000 with your help

**Benefact Group**  
 £10 to the nominated. Terms & conditions apply. Closing date: 01/12/2023

The second £1,000 draw in this year's Movement for Good Awards is less than one week away, so please get your nominations in by midnight **Wednesday September 6th** to ensure The Bevern Trust is in the running. Simply nominate us for the opportunity to win £1,000!

[Nominate us!](#)



## Fundraising is easy!

Thank you to all those who have signed up this month to support The Bevern Trust whilst you shop - your support is so encouraging!

If you haven't yet managed to sign up - it's so simple - just visit [https://www.easyfundraising.org.uk/causes/thebeverntrust/?utm\\_campaign=raise-more](https://www.easyfundraising.org.uk/causes/thebeverntrust/?utm_campaign=raise-more) and join for free.

There are no catches or hidden charges and The Bevern Trust will be really grateful for your donations.

Thank you for your support.

## SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving. We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2023.

Do follow us on our social media pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

Please do let us know if there is anything you would ever like to hear more of - we're always open to suggestions!

The Bevern Trust  
[info@beverntrust.org](mailto:info@beverntrust.org)

[DONATE NOW](#)

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you,  
 The Bevern Trust



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