

Love - Care - Freedom - Opportunity



“To move, to breathe, to fly, to float, To gain all while you give, To roam the roads of lands remote, To travel is to live.”

Hans Christian Andersen

As it starts to get warmer, our resident's timetables are full of trips out and about in order to enjoy as much of the sunshine as possible and explore our beautiful surroundings.

Bank Holiday Monday saw the epic annual sailing day commence. Our residents absolutely love this trip, and it is no mean feat to organise. The amazing CYE Sailing Centre is based in Chidham, near Chichester. This is quite a distance for us and all our eleven residents, and another perfect reason as to why we're working away at fundraising for a new minibus!



Merry May Mayhem

JP and Jonathan headed off to Haywards Heath to go and explore the **Bluebell Wood**, just about managing to avoid the showers. Jonathan, who is in his element when sailing, then went off to Barcombe Mills with Jorger to practice his navigation skills so that by the time he started his Sailability course at Piddinghoe, he was pretty much controlling the sails himself. The sailing guide even commented that she barely needed to be there!

With Wimbledon not too far away, Mark and James decided to brush up on their **tennis** skills, with JP as head umpire. James won the match, but it was very close.

Tim felt it was time to add a bit of culture to our activities and decided that we all needed to learn the **history of dance**. Each resident chose three different styles of dance to perform in front of the other residents, who then had to guess the style of dance. The dances ranged from Ballet to Body popping, Bollywood to Ceilidh Dancing, Salsa to Dad Dancing and Contemporary to Baroque. As Terry said "Darcy Bussett, eat your heart out!"

Music is always an important feature at Bevern, and it was a chilled out afternoon on Friday when Dave came in to play his sax. The smooth soothing sounds echoed through the home and put us in all in a relaxed vibe.



Holford Manor

The sun was shining and the irises were in full bloom at our Holford Manor Open Garden this month. The gardens were full of people enjoying their surroundings and deciding that tea and cake was a good idea. We were so busy, that we sold out of cake on the first day!

Our thanks go to everyone at Holford Manor for the giving us this opportunity to raise £1300 for The Bevern Trust Minibus Appeal and also for their help and support throughout the event. We send another huge thank you to our wonderful **volunteers** for their delicious selection of homemade cakes.

We are fortunate enough to also be providing refreshments and homemade cakes at **Holford Manor** again on Friday 16th and Saturday 17th June and would very much appreciate any offers of cakes - please do email dianne.peck@beverntrust.org if you're able to help.



Cracking Coronation

King Charles III's Coronation was a big event at Bevern. The residents put together a time capsule that included fact files about themselves and a memory stick of their favourite music and photos. This was then buried in the garden to dig up in 10 years' time. We did wonder how different we would all look then!

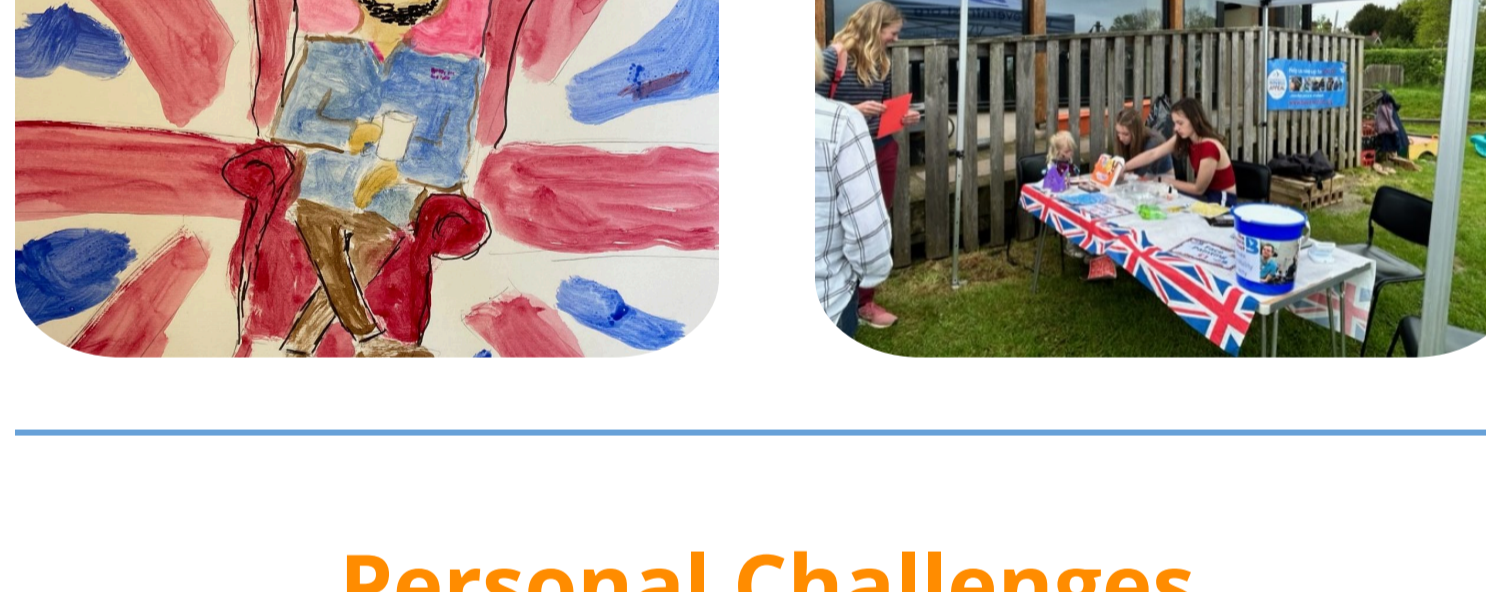
Much fun and laughter occurred during the portrait painting sitting of our very own **King Saleem**. King Saleem chose his favourite portrait which was painted by **Chloe** and Lizziel!

Meanwhile, the Village Hall was packed with people for The Coronation Big Lunch. Bevern View managed the face painting, guess the weight of the goat and name the goat stalls. Not traditional summer games, I hear you say but certainly entertaining! Eva Fry and her friends, Bebe and Jack had queues of children waiting to be adorned with Coronation themed face paints or for those who had less artistic talent (ahem, Alice) a tattoo!

Raven was the larger of the two goats that Jackie Cornwall and very kindly loaned us and weighed in at a whopping 122kg. **Congratulations** to Ben Thomas who guessed the weight correctly.

The smaller goat needed to be named. Lydia and Amelie P won the name the goat competition with the winning name being **Vincent van Goat!** Vincent got bored around 3pm and decided to jump over the fence and attempt an escape, causing only minimal disruption but maximum entertainment as everyone raced around after it!

Thank you to everyone who came along on the day to support us.



Personal Challenges

We're thrilled to have so many wonderful supporters undertaking fundraising personal challenges. A personal challenge is exactly that - personal to each supporter and chosen to suit their interests. It could be undertaking a new sporting activity, facing a fear with an extreme challenge, completing an activity every day for a month, reading 50 books or baking 100 cakes! Any activity which friends and family would be willing to donate to see you undertake!

We were so grateful to Freddy LG who ran the London Marathon in April, raising a fantastic £2459 for our Minibus Appeal. We would like to share details of other who are also fundraising for The Bevern Trust:

Katie R and her horse, **Polly** have set off on their #hack1000miles challenge, hacking 1000 miles in 52 weeks either in hand or under saddle. Katie's JustGiving page can be found at <https://www.justgiving.com/go/katie-richards-168271718711>. Katie works at Bevern View and loves being a part of the team.

Maggie B will be braving the waters in Swim Serpentine in September for a 2 mile wild swim - we will share her JustGiving page nearer the time. Her daughter and resident, Chloe will be there cheering her on!

Rachael B has been working towards her first Half Marathon in the autumn by completing the Folkestone 10 mile race in April. Here she is below with daughter, Annabel, whose uncle and godfather, Simon, is a Bevern View resident.

Harvey H completed the Brighton half marathon this year and has challenged himself to complete the full Brighton Marathon next year to raise funds for us.

Thank you to everyone who is supporting us in any way. If you've been inspired, email kirsty.baker@beverntrust.org to discuss this further or share your ideas.



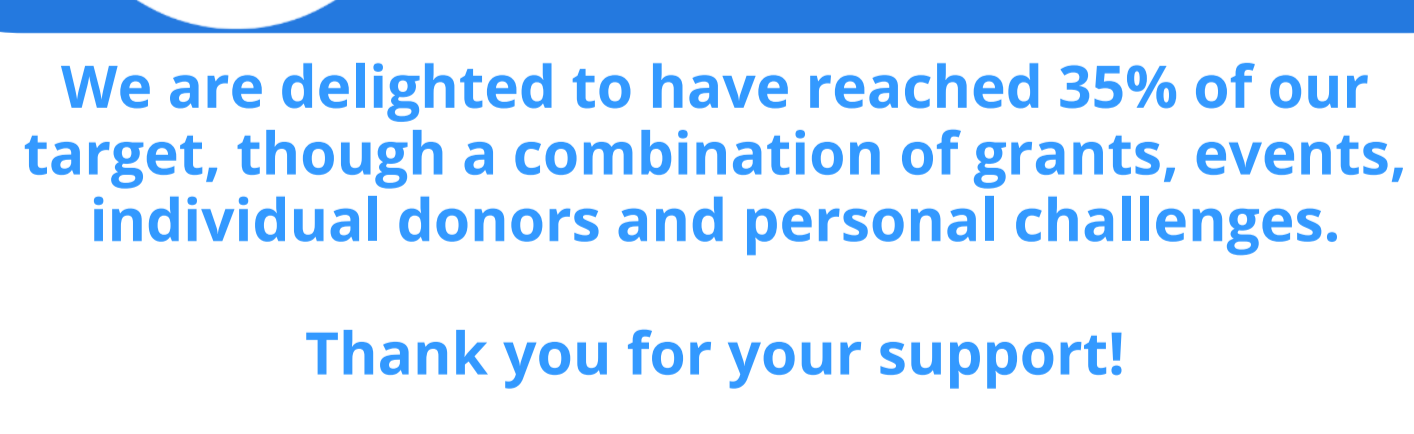
An evening of mystery & intrigue!

There was a **sell-out** crowd at Barcombe Village Hall for the Dial Medicine for Murder Show, which comprised and contrasted the background, arrest, and trial of both Dr Harold Shipman and Dr John Bodkin Adams and asked what drove them both to murder.

Dr Harry Brunjes and Dr Andrew Johns delivered this fascinating insight into the pathological mind with humour and entertainment, and we would like to say a heartfelt thank you to them both and their team for supporting The Bevern Trust.



Minibus Appeal Update

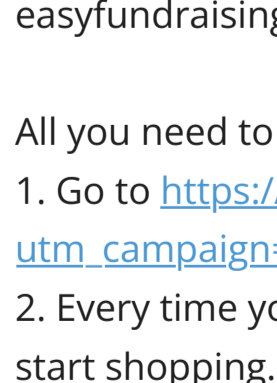


We are delighted to have reached 35% of our target, though a combination of grants, events, individual donors and personal challenges.

Thank you for your support!

Help us reach 50% of our target by June!

[Donate here](#)



Easyfundraising!

Thank you to all those who are using [easyfundraising.org.uk](https://www.easyfundraising.org.uk) to help raise over **£145** for The Bevern Trust - simply by accessing your usual online shopping sites via easyfundraising!

All you need to do is:

1. Go to https://www.easyfundraising.org.uk/causes/thebeverntrust/?utm_campaign=raise-more and join for free.
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
3. After you've checked out, the brand will make a donation to The Bevern Trust at no extra cost to you whatsoever!

There are no catches or hidden charges and The Bevern Trust will be really grateful for your donations.

Thank you for your support.

SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving. We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one-off donation to The Bevern Trust in 2023.

Do follow us on our social media Pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

Please do let us know if there is anything else you would ever like to hear more of - we're always open to suggestions!

The Bevern Trust
info@beverntrust.org

[DONATE NOW](#)

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you,

The Bevern Trust

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