Love - Care - Freedom - Opportunity

The Bevern Trust
more from life
for people with profound disabilities

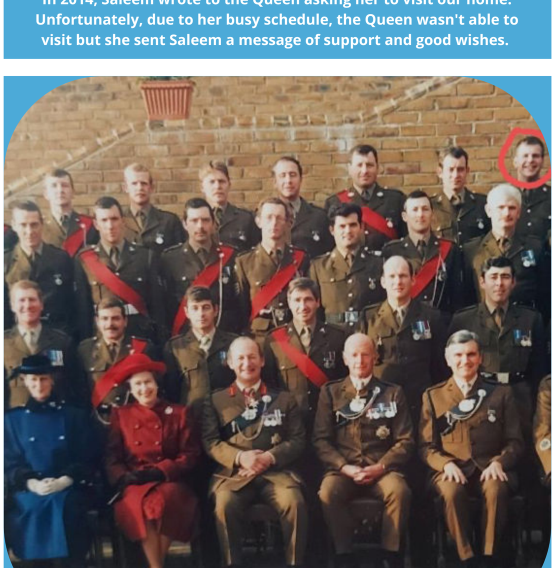
HM Queen Elizabeth II

After a week of careful preparation and communication through social stories we all gathered together to watch the funeral and mark the death of Queen Elizabeth II. Thank you to our staff for making sure our residents were very much part of this momentous occasion.

Her majesty's words re-broadcast on a recent Sunday morning resonated with us at The Bevern Trust: *'I know just how much I rely on my own faith to guide me through the good times and the bad. Each day is a new beginning. I know that the only way to live my life is to try and do what is right, to take the long view, to give of my best in all that the day brings and to put my trust in God'.*

Her funeral brought us, and others from the wider community, together in a way that gives us all hope for the future.

In 2014, Saleem wrote to the Queen asking her to visit our home. Unfortunately, due to her busy schedule, the Queen wasn't able to visit but she sent Saleem a message of support and good wishes.



Graeme, our maintenance co-ordinator, spent time chatting with the Queen about his role whilst serving in the army in 1986.

David, support worker, received a Queen's Golden Jubilee Award for voluntary services, which he was awarded when he was a member of a search and rescue team.

Tim's first and only sighting of the Queen was in 1986, in a little place called Machynlleth. During a family holiday in Wales, Tim's dad casually crashed his bike into a cycling Prince of Wales, now King Charles III, whilst he was taking a break from his studies at University in Cambridge!

The closest Jim, Care Manager, has ever been to the Queen was when he was 10yrs old and got his head stuck in Buckingham Palace railings!

Out and about

In Bowling News, this month's bowling was dedicated to Queen Elizabeth II. One of the switches set off the national anthem and the pins were backed by the portrait of the Queen.

The surprising warm spell towards the end of the month saw us all head out for a sensory scavenger hunt. The residents enjoyed a lovely walk around the village where they wrote down all the different things they could smell, feel, hear, and see.

James entered a beautiful wreath in Barcombe's Autumn Flower & Produce Show. James won the B.F.S Goldcliff Nurseries Challenge Cup and was also delighted to be awarded Best in Show. Congratulations to James!

It has been wonderful to get Ciaron pumping iron at his old haunt Chailey Heritage. Ciaron really loves going there - it's a fabulous outing for him as not only does his body reap the benefits but he also gets to catch up with old friends.

JP chose to head up to the village hall to be part of the brilliant Barcombe Cinema, where he and Holly enjoyed watching the entertaining film, *Elvis*.

Dinner and Auction

We look forward to sharing our up and coming annual dinner and auction evening with our many friends and supporters. Our key fundraising event in the year, money raised will be used to help us maintain and enhance the vital activity, communication, and clinical support from our specialist teams which we provide for our wonderful residents.

We are delighted to have Dr Harry Brünjes, Chair of English National Opera & The London Coliseum, joining us to share his insights from his long and varied career in the medical world alongside his lifelong passion for music and theatre with a light-hearted look at 'Science and Show business'.

In addition, we are very pleased that our Patron, Natasha Kaplinsky will be hosting the evening, along with the return of renowned auctioneer, Justin! We also look forward to hearing the beautiful sounds of the Torino String Quartet who will be playing before the dinner.

Book your tickets here

NHS Research Project

On 1 September, six members of staff and one resident from Bevern View met with a researcher from Sussex Community NHS Foundation Trust. This was an opportunity to share their views on identifying where issues exist with eating and drinking amongst our residents and understanding the level of support a person needs in order to eat and drink safely.

Researcher, Mel Adams, later shared her thoughts about her visit to Bevern View:

"As I drew up in the car, I immediately felt that this was a special place, enveloped by an atmosphere of tranquility. I was delighted to meet the welcoming staff and a very enthusiastic resident who requested to take part in the discussion. People gave very thoughtful and considered feedback, which will greatly help with the NHS research. It was clear that the staff care enormously about each individual they support at Bevern View, which was truly heartening. We are extremely grateful to everyone for enabling this discussion to take place and look forward to working with you in the future."

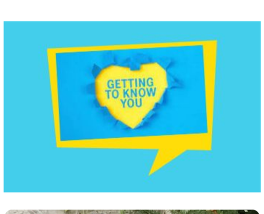
Staff News...

Welcome to Eliza Yair and Jason Mills who have joined us as support workers.

Eliza has previously worked at Open Doors, assisting both UK supporters and for the charity Persecuted Church Overseas. She has also been a community support worker, working with young people throughout the pandemic.

Jason comes with oodles of experience having previously worked with our lovely neighbors Chailey Heritage.

Congratulations go to David, Teresa, Karen, Kate, Immy and Gary S, who have been here for 5 years, and as such have been awarded a longevity award!



Staff Interviews: Pauline Burbidge

Hello Pauline!
What is your job role and how long have you been working at Bevern View?
I have been a Support Worker at Bevern View for 3 years.

Can you tell us about a typical day at Bevern View?
A typical day will always start with the handover meeting but after that anything may happen! One of the best things about working here is that each day will be different.

What are some of the most rewarding things about working at Bevern View and can you give us an idea of what activities some of the different residents most enjoy doing?
One of the most rewarding things here is seeing the residents engaged in their activities, interacting and having lots of fun. Each resident has their own unique sense of humour. Chloe is our 'queen of fun loving' resident with a huge infectious laugh. She really enjoys live music and Abba! Holly and Amy have beautiful wide smiles and always find lots to laugh about. Ciaron can be cheeky, mischievous and loves to play a good trick on some unsuspecting person. Paul cracks up with a bit of slap-stick humour as does Mark, (Mr. Bean imitations go down well). As for JP's humour (**!**)!

What are some of the challenges of your role?
A major challenge is being so busy, with lots to fit in which means time can pass too quickly.

Can you describe the Bevern View community in three words?
Unique; Warm; Caring.

Can you tell us about your family and any pets you have at home?
Only Daisy, my rescue cat, lives with me at home. She has beautiful, soft, white fur, with true clear communication and the loudest purr of all. However, my daughter, two grandchildren, 2 cats and 2 dogs live only 5 minutes down the road.

Can you describe your perfect weekend?
It would be going out exploring somewhere new, perhaps in the beautiful Sussex Downs on a twelve-mile Ramblers walk. Out in nature with a picnic lunch, chatting and laughing. Then in the evening, roast dinner at my daughter's house. On Sunday morning, paddleboarding with my granddaughter, gliding down the meandering Cuckmere estuary with the Canoeing club, feeling the warm sun on our backs. Afterwards, a little gardening and a good fiction novel (maybe historical or one set in another country/society), and finally a little yoga later.

Where is your favourite place you've ever visited and why?
I have lots of "favourite" places. The list grows EVERY year. This year's place was a holiday on a farm, in the middle of a forest touching the Southeast corner of the New Forest. With hens all over the road, pigs, miniature goats and ponies which the kids searched out and named. It was so quiet with clear, dark skies and amazing stars and barbeques. Two years ago, it was Cumbria. So many views and lakes - I walked half the Wainwright Coast to Coast into Yorkshire with a small group of friends.
Other special favourite places include: - Australia 2000 (snorkeling over the Great Barrier Reef when a giant turtle swam below me and the Red Centre Ayers Rock, Uluru, and Kings Canyon); South America (20 years ago) travelling wherever possible by local transport from Peru to Rio de Janeiro. Along the way, awe-inspiring places were walking the Inca Trail leading to Macchu Picchu, Iguazu Falls, the Salt Pans of Bolivia and the Pantanal. (Presently, I am reliving this adventure with Simon Reeves, S. America.) Remembering the harshness of people eeking out a subsistence in a stunning continent but who were not aware of the current globalisation/global warming concerns. This is just a short list of a few of the amazing places I have been privileged to experience.

So, my message now is to tread lightly, take care of yourselves and others and of your own special sense of humour.

Ladies and Partners Luncheon

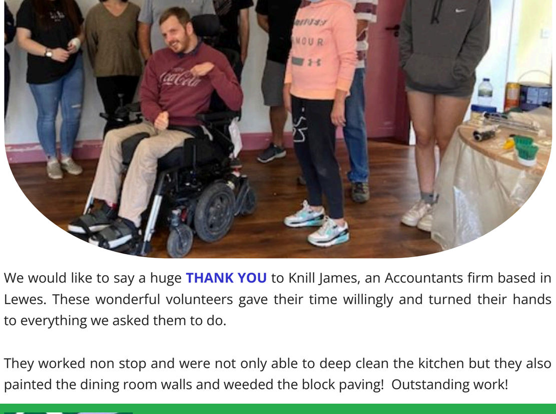
Last few remaining tickets available to join the **Ladies and Partners Luncheon** at the stunning Ashdown Park Hotel on **Monday 17th October.** Our Patron, Natasha Kaplinsky, will be sharing stories from her celebrity life, with an opportunity to ask questions as well!

Guests will receive a welcome glass of Prosecco or orange juice on arrival, and enjoy a delicious seasonal three-course meal, with one glass of wine per person and coffee with petit fours to finish.

Tickets are £47.50 per person and can be purchased by emailing Louise at LBaxter@elitehotels.co.uk or calling 01342 820265.

Click here to find out more about this special day.

Thank you



We would like to say a huge **THANK YOU** to Knill James, an Accountants firm based in Lewes. These wonderful volunteers gave their time willingly and turned their hands to everything we asked them to do.

They worked non stop and were not only able to deep clean the kitchen but they also painted the dining room walls and weeded the block paving! Outstanding work!

THANK YOU

to Barcombe C of E School Foxes and Badgers Classes who have been fundraising for the Bevern Trust and have very generously donated £40.50. We really appreciate your support!

SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving. We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2022.

Do follow us on our social media pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

Please do let us know if there is anything else you would ever like to hear more of - we're always open to suggestions!

The Bevern Trust
info@beverntrust.org

DONATE NOW

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you,

The Bevern Trust

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