Love - Care - Freedom - Opportunity

The Bevern Trust
more from life
for people with profound disabilities

Welcome to the June edition of Bevern View news

Whilst we may not have been around for as long as Her **Majesty** the **Queen**, Bevern View has been part of the Barcombe community for the last 23 years and The Platinum **Jubilee** highlighted just what a fantastic community it is.

The High Street was full of people, from small children who are just beginning their life in Barcombe, to residents who have been here for longer than the Queen has been on the throne.

Everyone was welcomed and encouraged to sit together on tables that ran up the high street to share food that had been willingly provided by so many Barcombe residents. It was lovely to see how the food bought people together, some who barely knew each other, and strengthened the bonds that were being built.

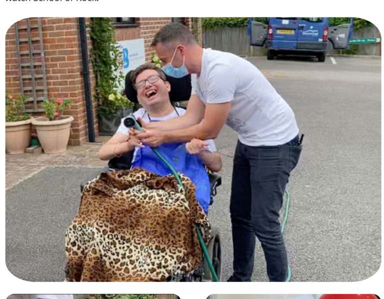
Mealtimes at Bevern View have always been such a happy and bonding experience giving us an opportunity to slow down and just enjoy the moment. Our residents love being part of the chat. We have sorely missed this social side in the home over the last couple of years but finally this week we made the decision to remove our masks, which means we can all eat together and the dining room can once again become the social hub that it used to be!

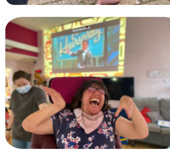
This month in the home

Science...
Although we've very much had a month of Jubilee activities and celebrations, the activities team have also filled the days with fun, adventure, and science! Our experiments seem to have gone with more of a fizz than a bang but there were huge amounts of anticipation as we watched what happened when we mixed baking soda and vinegar together as well as a strange mixture of yeast, hydrogen peroxide, washing up liquid and food colouring. The result was a big mess on the car park which **JP** and **Ciaron** had great fun cleaning up with the hose pipe, although it turns out that had much more fun getting the staff wet!

We created static charged dancing ghosts by rubbing balloons on everyone's heads and it was pure joy to watch everyone's face as they slowly rose in the air. Mark eventually thought it would be a much better game to grab them during lift off and it turns out he was right!

Music.....
Life was a cabaret here during our amazing musicals sessions. We learnt all about the musical Hairspray and as usual Chloe absolutely beamed as she was danced around to the soundtrack whilst Simon merrily bounced along to the music in his chair. There are very few lyrics that Simon doesn't know and it's always a delight listening to him recite almost word for word from some of his fave albums such as Joseph and the Technicolour Dreamcoat. Amy and Holly had a fab girl's trip to the Hawth in Crawley to watch School of Rock.

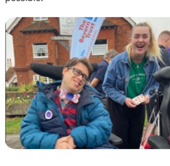




Jubilant Jubilee

The rain held off and all our residents joined in with the Barcombe Jubilee festivities, launched by singing the national anthem with **Pippa Dames-Longworth**, an Operatic Mezzo and local resident. Lunch followed, with tables and chairs beautifully arranged up the high street, with sandwiches and cakes provided by the community and then straight into the hotly anticipated 'beer races' before everyone headed over to the rec for stalls, games, and a disco.

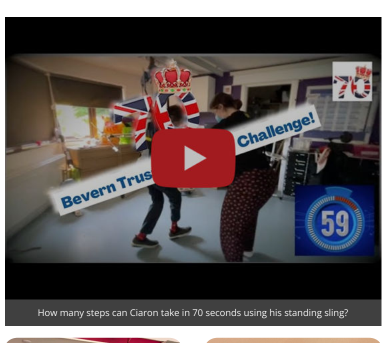
We so much enjoyed being a part of the community on such a memorable occasion. Barcombe residents loved our Platinum **Jubilee** pin badges and children's craft activities so a huge thanks to the **'Making a Difference Locally'** fund for making this possible.



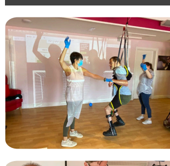
The Jubilee 70 Challenge

Linked in with the Jubilee, some of our residents undertook some 70 challenges of their own.

Ciaron's challenge was to see how many steps he could do in 70 seconds. Click on the video below to see how amazing he was. **Mark's** challenge was to see how many penalties he could score out of 70. It looks as though we should sign him up for the England World Cup team. They could certainly do with the help! **Jonathan** chose his challenge very wisely, he succeeded in making a muffin in a mug in just 70 seconds which then got devoured in probably less time! There was also a mammoth reading session where we read, watched, and listened to as many stories as we could in 70 minutes. **JP** had the most mischievous challenge of all - delivering 70 outrageously naughty jokes!



How many steps can Ciaron take in 70 seconds using his standing sling?



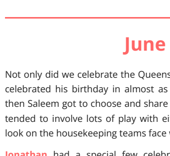
Congratulations to everyone who has started their **Jubilee 70** fundraising Challenge.

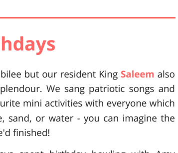
Jo has recently completed her Vanguard Way walk, taking her 66 miles from East Croydon to Newhaven over four days - well done to Jo for completing her walk and her excellent fundraising! She has already exceeded her fundraising target of £70 but if you'd like to add to her total, do visit her Justgiving page:
http://www.justgiving.com/Jo-Homan

Bevern View resident, **James**, is setting the bar high for his Jubilee 70 Challenge to discover and listen to 70 songs with titles beginning with the letter 'J'. We'd love to hear his playlist!
He's already smashed his target but do show your support for James at http://www.justgiving.com/JamesSchueler

Are you ready to start yours? We'd love to hear what challenges you're up to so do contact us info@beverntrust.org to share what you're getting up to over the summer.

Table Top Sale





To set the ball rolling with the Jubilee festivities we decided to hold a table top sale in the village. Thank you so much to **Barcombe Primary School** who very kindly let us use their playground as the location and also to the **Sports hall committee** who also generously let us use their little kitchen.

We had lots of local supporters who turned up to sell their wares which included a wide variety of goods such plants, sweets, clothes, lampshades, antiques and general household items (in fact the first sale of the day was a mop and bucket!). It was lovely to meet and greet the buyers especially as we had all of our residents there with us. **James's** wheelchair was so full of all his purchases he could barely move by the time he'd finished shopping with his Mum and Atlanta! Our wonderful parents, staff and volunteers all baked delicious cakes for the cake stall and the day finished with a brilliant game of French cricket on recreation ground.

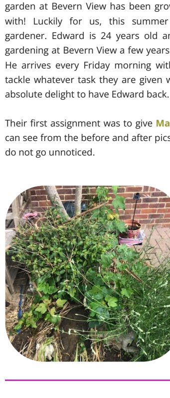
We hope to do lots more things in the community and our Activities team are keen to get a **Bevern View v Barcombe football** match in the diary sometime in September. Get in touch if you'd like to get involved!

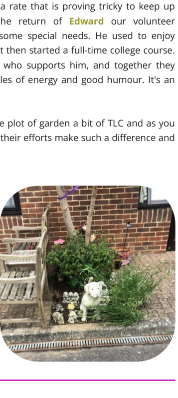
June Birthdays

Not only did we celebrate the Queens 70th Jubilee but our resident King **Saleem** also celebrated his birthday in almost as much splendour. We sang patriotic songs and then Saleem got to choose and share his favourite mini activities with everyone which tended to involve lots of play with either rice, sand, or water - you can imagine the look on the housekeeping teams face when we'd finished!

Jonathan had a special few celebratory days spent birthday bowling with Amy and going to the coast with his family for a stroll in the sunshine and a delicious picnic. **Amy** came back to Bevern View on the morning of her birthday having being spoilt rotten, she was then whisked off to the hydro pool to continue the celebrations with all her friends in a pool party! Finally, **Simon's** birthday rounded off the month with, of course, a jazz band who played in a chocolate themed lounge full of chocolate-coloured balloons and the most fantastic chocolate fountain.

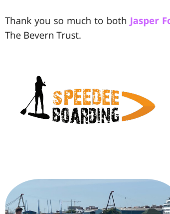
Welcome Back Edward!

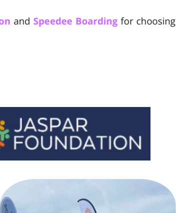




Now that the sun is shining and we've been having just the right amount of rain, the garden at Bevern View has been growing at a rate that is proving tricky to keep up with! Luckily for us, this summer sees the return of **Edward** our volunteer gardener. Edward is 24 years old and has some special needs. He used to enjoy gardening at Bevern View a few years ago, but then started a full-time college course. He arrives every Friday morning with Dean, who supports him, and together they tackle whatever task they are given with oodles of energy and good humour. It's an absolute delight to have Edward back.

Their first assignment was to give **Mark's** little plot of garden a bit of TLC and as you can see from the before and after pics below, their efforts make such a difference and do not go unnoticed.





Lagoon fundraising

It's not all hard work doing the fundraising. On June 16th **Hove Lagoon** hosted the world's greatest SUP paddle boarding relay racing tournament on behalf of local charities. **Jaspar Foundation**, the charitable non-profit arm of Jaspar Group, chose The Bevern Trust as their charity to support at the event.

Alice spent the whole afternoon down at the Lagoon in the beautiful sunshine cheering the Jasper Group on! Although they didn't win they raised **£500** for The Bevern Trust and it looked like everyone had such a great time being cheered on by their families, friends and work colleagues.

Next year we're going to try and get our own team together so that we can actually take part in the event alongside our sponsors - we have already had at least 5 staff members say they are keen paddle boarders!

Thank you so much to both **Jaspar Foundation** and **Speedee Boarding** for choosing The Bevern Trust.

SPEEDEE BOARDING

JASPAR FOUNDATION

Welcome To Bevern View

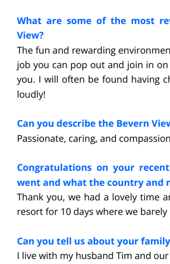
This month we are very excited to welcome three new staff members to the Bevern View team.

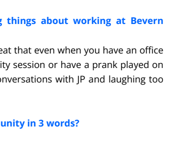
Gary Baker and **Robin Montgomery** joined us as support workers. Gary previously worked in elderly care and is now really looking forward to developing in a new environment. Robin grew up in Barcombe and it was a lovely surprise for her to recognise so many faces, amongst the staff, from her days at Barcombe primary school. (sorry no pic available at the moment!).

Dionne Peck has joined us as an Administrator and Fundraising Co-ordinator. After originally being a childminder in the village, she has worked at a number of local primary schools. She enjoys reading and is the Beaver Leader for the 1st Barcombe Scout Group.

Getting to know you: Staff Interviews...

Becky Embleton-Archard





What is your job role and how long have you been working at Bevern View?
I'm the HR Manager and have been with Bevern for nearly eight years. I volunteered here for a year and a half before I was employed and felt so passionate about the home that I jumped at the chance of working here.

Can you share how your HR role connects with the other teams at Bevern View?
A large part of my role is recruitment and making sure that we have the best people onboard to provide the best care possible. We have such a strong team at Bevern who are here for the right reasons, and they all help drive the positive environment for our residents to thrive.

What are some of the most rewarding things about working at Bevern View?
The fun and rewarding environment. It's great that even when you have an office job you can pop out and join in on an activity session or have a prank played on you. I will often be found having cheeky conversations with JP and laughing too loudly!

Can you describe the Bevern View community in 3 words?
Passionate, caring, and compassionate.

Congratulations on your recent honeymoon! Can you share where you went and what the country and resort was like?
Thank you, we had a lovely time and went to Tenerife. We stayed in a beautiful resort for 10 days where we barely lifted a finger; perfection!

Can you tell us about your family and any pets you have at home?
I live with my husband Tim and our two cats ,Wispa and Snickers.

What do you enjoy doing in your spare time?
DIY, painting and spending time with friends and family or watching trashy TV (much to my husband's distaste)

How did you celebrate the recent Jubilee?
I actually worked most of it but enjoyed celebrating on the Sunday with friends, eating and drinking too much.

Holford Manor Open Gardens

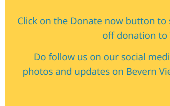
Once again we were lucky enough to have our **open garden** at Holford Manor on 11th June. The sun shone and the natural beauty of the garden was breathtaking.

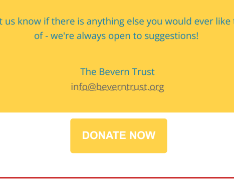
We are so grateful to our wonderful volunteers, including many parents and staff, who we couldn't do this without.

The cakes were spectacular, and we had a new addition of a cream tea which went down very well with the visitors. Special thanks must go to Maggie Bedford who, when unhappy with the first batch of 70 scones that she had made, decided to make another batch on the morning of the open garden! We also truly appreciate the support of our lovely bakers in the village who are always so kind with their cake donations.

Thank you also to **Rodda's Good Deeds Cream Tea Society** who donated Tiptree strawberry jam pots and Rodda's Cornish clotted cream pots for us to use in our Cream Tea boxes.

Rodda's | cream tea SOCIETY | Tiptree





SUPPORT US MONTHLY

We would love to hear from you if you would like to become involved in supporting our dynamic and life-changing work on a regular basis through monthly giving. We really appreciate all your support, and this monthly giving helps us to make plans for the care we provide.

Click on the Donate now button to set up a regular monthly gift or to make a one off donation to The Bevern Trust in 2022.

Do follow us on our social media pages - all links below - for regular films, photos and updates on Bevern View life and memories from activities over the years.

Please do let us know if there is anything else you would ever like to hear more of - we're always open to suggestions!

The Bevern Trust
info@beverntrust.org

DONATE NOW

We hope you've enjoyed reading our update. We'd love to hear your comments or feedback on any of the above.

Thank you,

The Bevern Trust

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