

Bevern

Newsletter from **The Bevern Trust** Issue 15, Summer 2019

THE SUSSEX DISABILITY CHARITY

£20,000 FOR TWENTY YEARS

Join us at our 20th Anniversary Events this year, to help raise vital funds for people with profound disabilities.



NEW VEHICLE

See how, with your help and the help of donors, we can provide more freedom and opportunity to proudly disabled individuals.

www.beverntrust.org



Bevern Welcome

**Chair of Trustees**

Nick Houston

Trust Accountant

Susan Goodliffe

Registered Manager

Caroline Pulleyn

Care Manager

Ashly Sarsons

Fundraising

Elizabeth Lang

Clinical Manager

Kate Buche

Deputy Manager of Activities

Tim Lumgair

HR Manager

Rebecca Archard

Welcome to the Summer edition of our Bevern Newsletter.

Summer greetings and welcome to the latest edition of the Bevern Trust newsletter! Community is the word that comes to mind most prominently in this our 20th year. Our core values remain at the heart of how the Trust is organised and how we strive to live and work, and they are brought to life only because we are blessed by being part of so many wonderful communities.

Love - You can read in the following pages of many contributions and stories of support that we are grateful for, from local groups and towns all around us.

Care - Our amazing staff team and residents are a supportive, skilful and generous community in their own right, that inspire people around them every day.

Freedom - We cannot speak highly enough of those who give their time to volunteer in a plethora of ways with us, bringing joy to residents and families and much appreciated support to staff.

Opportunity - The Trust has always been about live to the full, the opportunities that our residents value so highly are made possible by many, including a number of local social networks and organisations who faithfully encourage our work over many years.

All of us at the Bevern Trust are grateful for being part of these communities, both long-standing and new. We hope you enjoy hearing a bit about what we've been up to, and we look forward to seeing you at one of our anniversary events in the coming months.

**Nick Houston,
Chair of Trustees,
The Bevern Trust**

Hello,

We can only broaden our reach to Sussex families and help more people with profound disabilities with more Bevern Friends, volunteers and your donations.

Reaching out to give more



We want to offer more to people with profound disabilities and their families who are often marginalised in society.

Imagine for a moment, your world moves at the pace of a wheelchair, your best day is only possible because of the people that care for you, your dignity and personal care is the responsibility of people around you- not just you. At our home, Bevern View, person-centred care revolves around the families and loved-ones of the people we care for.

Our Christian ethos is a simple message whatever your beliefs, that we care for those most in need and our home is a place where kindness and respect is shown to everyone.

Did you know?



Each year The Bevern Trust provides over 400 fun outings for our residents. This is possible thanks to our Deputy Manager of Activities, Tim Lumgair and a great team of dedicated carers, volunteers and administration. There are limited funds to be able to give everyone regular access to the community and participate as a valued member of their town or village. We rely on generous donations to keep our minibuses going and ensure our residents can participate fully in society.

Join us - Volunteers Needed

We are currently looking for volunteer fundraisers and drivers to join us. Call 01273 021241 or email elizabeth.lang@beverntrust.org for details.



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More people than ever are running and cycling amazing distances to raise funds for The Bevern Trust.

Join Bevern Friends and help us reach out to give more

The Bevern Friends have been busy over the last few months, raising a massive **£1,300** in The Big Bevern Quiz. The Bevern Friends have also been volunteering their time at our Open Gardens, by providing cakes, manning the entrance and car parks. Over three weekends the Open Gardens at Banks Farm and Holford Manor raised **£4351.48**. Thank you to everyone that baked cakes and volunteered their time including the Barcombe WI.

Sussex Community

REMEMBER A CHARITY
IN YOUR WILL
Help the work live on...



We have received **£28,449.47** from generous gifts in Wills. Could you remember the Bevern Trust in your Will and help us continue our work? These make a marked difference to us.

Please contact us for more information: elizabeth.lang@beverntrust.org

Holy Trinity Vintage Fair and Hartfield Church raised **£1870** in May. James really enjoyed his day out. It was also a pleasure to speak to the **Youth group at Hatfield** who were very engaging and willing to learn about disability and its effects.

The **Uckfield Divas** year of supporting us has come to an end and they have raised **£1400** through a charity quiz, Christmas Carol Service and so much more. Thank you for your support.

Lewes Old Grammar School raised a **£2000** from their Summer Fete.

Our **Charity Golf Day** in March raised **£2000**, thank you to the teams from **Hayward and Green, Mid Sussex Golf, Holford Manor, and Plumpton Racecourse**. Also thank you to all who donated prizes. Do you have any prizes you could donate to the Bevern Trust?

Southdown Tennis Club has picked us as their charity of the year and raised **£90** from a fabulous Quiz.

Brighton and South Downs CAMRA Club picked us as their charity for the **Lewes Beer Festival** and raised **£341.60**.



How could you raise vital funds for us this year?

Bevern Activities



This is what we do

The Bevern Trust believes that everyone should have access to the same life-fulfilling activities as anyone else - regardless of ability. This is only possible with the continued help of all our supporters, so read below to get a taste of Bevern life.

'So far this year the residents have enjoyed their regular in-house activities as well as a host of other varied activities created week in week out, including such highlights as our multi-sensory Chinese New Year taking in the sights, tastes, sounds and traditions of the festival. We had our very own Take Me Out TV show for Valentines day and we saw a big TV cooking show production presented by some of the residents. The residents love our monthly Bevern Bowling Championships, including our new improved UV Glow Bowling sessions. More recently we have put on a Bevern View Fashion Show and in our craft sessions we have been working towards a medieval day as we make personalised coats of arms. The big hit of the year was our annual visit from the ducklings as we watched them hatch then looked after them as they grew bigger and learnt to feed, drink and even swim. Finally, since saying our goodbyes to Geoff the music man we have welcomed our newest music performer, Harriet and our new music interaction expert, Lewis, who both visit us on alternate weeks. Some trips out that were especially enjoyed were going to the theatre to see Joseph and the Technicolour Dream Coat and the silent disco on the streets of Brighton as part of the festival'.

Tim Lumgair -Deputy Manager of Activities



Bevern Donors



New Vehicle

Providing more Freedom and Opportunity

In April we received a new single wheelchair vehicle. This was made possible from the fundraising of **Bevern Friends** and an amazing **£9000** donation from the **Mary Alice Harris Charitable Trust** via Nigel and Val Harris ,Trustees.

This meant we could finally retire the old green mini bus, which was costing money to upkeep, repair and was expensive in petrol for single trips.

The single wheelchair vehicle is helping to ensure that we can provide more freedom and opportunity to all of our residents everyday.



Sussex Businesses

We have had fantastic support from local Businesses the last few months from **Star Sports Bet** and **Costa Coffee, Lewes** raised a massive **£6,300** at Lewes Raft Race.-Wow! Thank you to Dave and Kelly Jolly and all the team!

SeaSalt Lewes picked us as one of their Charities of the Year donating **£500** and baking cakes for our Open Gardens. They are looking to hold a Cornish day at Bevern View later on in the year. **W.E Clark & Son** continue to support us, by sponsoring our events and providing auction prizes. **Lewes Chamber** have supported us tirelessly this year and we are looking forward to the quiz in July in aid of us. Sam from **wellbeing @ work** organised world laughter day in aid of us. **Harveys Brewery** and **Knill James** for sponsorship and auction donations.



Trusts and Foundations

We have received such fantastic support from Grants and Trusts over the last few months, to help us redecorate and refurbish vital rooms at Bevern View. This includes from : **The Hobson Charity** **£2,000** ;**Beatrice Laing Trust** **£2,000**,**The ACT Foundation** **£1,500** and **Lewes Lions** **£350**

Events



What's Going On?

Summer 2019

Get Together in 2019

2019 - our 20th Anniversary, promises to be an exciting year of activities and events that will help raise vital funds for profoundly disabled people to live their lives to the full. Keep an eye on our Facebook page, Twitter feed and Instagram account for even more ways to get involved this year...



26th July

Watford Palace Community Theatre Choir

In aid of the Bevern Trust

From 19:15pm at St Michaels Church in Lewes, Watford Palace Theatre Community Choir will sing a programme of traditional and popular songs, led by Musical Director, David Halstead with donations on the night to the Bevern Trust.

St Michael's, High Street, Lewes BN7 1XU

Help us reach 1000 Likes!

Help us break some records!

As it's our 20th Anniversary year we would love to reach **1000 likes on our Facebook page**. Can you help us get there?

We are only **162** likes away. If you haven't already liked us go to **@beverntrust** and share with all your friends.

Everyone needs some Bevern sunshine in their lives.

27th July

Coleman's Hatch Flower Show

In aid of the Bevern Trust

Colemans Hatch Flower Show have picked the Bevern Trust as one of their charities this year. Starts at 12:30pm where you will be able to see local produce, handicrafts, art, photography and cookery. There will be fun races, tug of war and of course a dog show. Even our Patron will be there- Natasha Kaplinsky.

Shepherds Gate Farm,
Colemans Hatch, TN7 4HR
£2.50 entrance, children under 13 free



Aug-Sep

Challenge Events

We have some Bevern Heroes taking part in challenge events in August, and September. On the 4th August Mark Pilfold will be riding the PRLS London to Surrey 100 and on the 21st of September, Isabella Kardasis will be doing the Swim Serpentine 2 mile swim. For more information on how to donate head to page 12.

Sep-Nov

20th Anniversary

We have many events over the Autumn to celebrate our 20th Anniversary, head to page 8 & 9 for more information.



Help us raise £20,000 in 2019

Since 1999, our care home in Barcombe has provided vital residential and respite care to people in Sussex with profound disabilities

To celebrate providing 20 years of loving care, we are inviting our patrons and supporters across the community to join us for some very special events in 2019.

Our aim is to raise at least an additional **£20,000** in our anniversary year to allow our profoundly disabled residents to take a holiday in 2020, provide further activity days and fund more hydrotherapy sessions.



£20 for Twenty Years

Please visit beverntrust.org to set up a regular gift today or visit the back page and send in the form

Thank you.



Visit www.beverntrust.org to set up a monthly gift today.

Celebrating 20 years of loving care



As a charity we have helped more than 30 families in Sussex over the years by providing the best care for their profoundly disabled son or daughter. By volunteering, donating or supporting us at events and activities, you have helped to allow the people we care for to access specialist activities with more freedom and opportunity. If you'd like to get involved in our anniversary year and beyond, come and have a chat about volunteering at our events and fundraising activities, helping in the garden at our home in Barcombe or even to drive the minibus, call us on **01273 021241** or email info@beverntrust.org.

Special Events



Friday 13th September | 12:30pm

Party at Bevern View, with games, celebratory food, and prize raffle.



Sunday 29th September | From 10:30am

Thanks Giving service at St Mary's Church, Barcombe. Tea and cake to begin, then followed with a hog roast.



Friday 8th November | 19:00pm-23:00pm

Anniversary Dinner, Barcombe Village Hall. £45pp

For more Information contact : elizabeth.lang@beverntrust.org



Each Bevern Friend receives their own pack with name badge, activity info, collection box and support to make all their fundraising a success.

Get inspired: Volunteer & Fundraise

You can make a positive difference by giving something back to your community, you can also make new friends and have fun learning new skills or creating your own local fundraising events.

The Bevern Friends have been busy fundraising this year by running a quiz raising **£1300**, helping with Open Gardens by volunteering and baking cakes, raising **£4351.48**, and putting **£6,000** towards the purchase of the new vehicle.

Most recently purchased The Bevern Friends purchased an **Interactive Aroma Panel** which links to the computer and enables different smells to be given off along side the videos and lights, you could program it so if the room goes red it gives off a strawberry smell, or every time a gruffalo turns up in a story you could set a woody smell.



Join us today!



- Take part in a challenge event for us
- Set up your own fundraising quiz
- Volunteer at Events
- Give out collection boxes
- Run a bake sale



Bevern Support

Lewes Rotary



We have been honoured that the Rotary Club of Lewes has chosen to support us this year. We would like to thank Fiona Kay, President, and all Rotarians for their generosity towards their local Lewes charity, The Bevern Trust. Over the year they have raised £9,0000



Fiona Key former President (pictured to the right) and the Rotarians picked The Bevern Trust as the beneficiaries of the **Lewes County Town Fatstock** celebrations in November (Pictured above). With the auction skills of **Charles Wycherley, £5000** was raised on the evening.

We have also received two cheques through the year totalling **£4,000**.

With **£9,000** we will be able to provide our residents, with more opportunity to take part in various activities and precious time out of their wheelchairs in the hydro pool.



Not only have we had great support from all the **Lewes Rotarians**, but special support from **Fiona Key** herself, who has gifted the Bevern Trust with a number of Paintings from the late artist **Vilma Gibello** who died in 2013, he was a true friend of Fiona's parents.

We will be hoping to hold a special Viewing and Auction of the paintings later on in the year.



Could The Bevern Trust be your Charity of the Year ?

Bevern Heroes



Challenge Events

We want to hear from heroes inspired to run, walk or ride further or faster than they've ever done so before.

This could be the year you've decided to do something different, to achieve a personal milestone or goal for a special occasion or even a Birthday that defines 2019 for you. As a disability charity, we are inspired daily by the physical and emotional challenges that our residents, their families and supporters regularly face and live with every day.

On **27th May** we had two incredible runners supporting The Bevern Trust in the **Vitality London 10k**. **Chris Weller (52:35)** and **Pippa Evans (1:17:04)**: Chris and Pippa were last minute replacements with only a week to go and managed to raise **£438.75**

Steve Southwell from **Star Physiotherapy** raised **£1009** by running **Ultra Man**, 150 miles long. He raised funds for a new pool cover.

We still have some heroes taking part in upcoming events.

Mark Pilfold is cycling the **Prudential London to Surrey 100** on the **4th of August**. To donate visit Marks page:

<https://uk.virginmoneygiving.com/MarkPilfold>

Isabella Kardasis will be swimming the **Swim Serpentine 2 mile swim** on the **21st of September**.



Would you like a Charity Place in the London Marathon 2020? Get in contact

A monthly gift that can allow profoundly disabled people precious time out of their wheelchair.

The Bevern Trust relies on the generosity of people like you to help us transform the lives of marginalised people across Sussex.

Setting up a regular gift is easy at www.beverntrust.org, by calling 01273 021241 or complete the form below, send it back to us and we'll be in touch.

My regular gift

I would like to give £5 £10 £15 Other £

Make your donation go further

If you're a UK taxpayer we can claim back 25p for every £1 you give, at no extra cost to you. Simply tick the box.

giftaid it

Yes, I am UK taxpayer and would like The Bevern Trust to reclaim the tax through Gift Aid on all donations I have made in the last four years and any future donations until further notice. I understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

FOLD
HERE

FOLD
HERE

Your details

Name Surname

Address

.....

..... Post Code

Telephone Number

Email address

Contact Consent

Please tick here to consent to receiving our 'Bevern' newsletter and other fundraising communications. We cannot contact you again if the box is unticked. Please tick to confirm your contact preferences:

post email SMS

Registered Charity no. 1103520



Registered with
**FUNDRAISING
REGULATOR**

MOISTEN HERE

Thank
you.



Freepost RTSL-ALUC-GLTC
The Bevern Trust
Bevern View
The Willows
Barcombe
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