Love - Care - Freedom - Opportunity

Welcome to Bevern View News

All the latest news and updates from residents and staff

It's all about Communication

One of the Trust's values is Care. We ensure that our residents receive high quality care and support which is person-centred, reflecting their needs and wishes. In order to do this, we need to be able to make sure our residents are given the opportunity to make a complaint; good record keeping is essential to enable our non-verbal residents to do this. By making our daily records as detailed and clear as possible we can listen to what the residents tell us in their responses, e.g. body language, facial expressions, vocalisations, body tone. Through audits we can look for patterns in their responses and make changes.

With a detailed account of what the residents are communicating to us day to day we are able to get a better idea of their general wellbeing and see if they need...

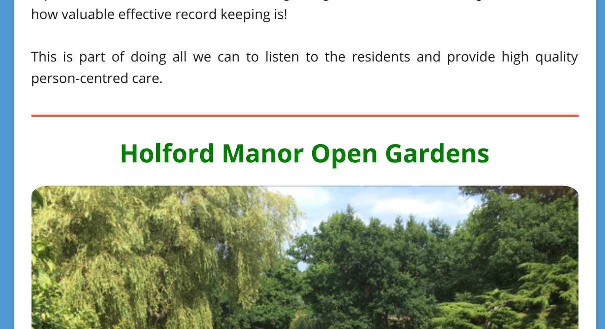
... A change in routine
... A different activity on their timetable
... Extra training for their support staff
... A change in communication method e.g. a new way to access their communication grid, a now/next board, communication book
... Extra assistance from the clinical, physio or communication team

Lots of positives came out of our first audit, and there were a number of examples of really great practice, active support and positive relationships between staff and residents.

We also actioned a health issue that came up through staff recording a resident repeatedly showing signs of discomfort through their communication. This was reported to the clinical team and training was given in the staff meeting. This shows us how valuable effective record keeping is!

This is part of doing all we can to listen to the residents and provide high quality person-centred care.

Holford Manor Open Gardens



It was wonderful to see so many of you join us for the **Holford Manor Open Gardens** during May. We really valued the chances to meet with some supporters and share more about the work of the Bevern Trust. Despite the unseasonable unsettled weather, we were delighted to see so many of you enjoying the beautiful grounds, relaxing with friends and family and gathering ideas for your own gardens.

Tomorrow is your last opportunity to visit the stunning gardens of Holford Manor this year. Join us on **Saturday 5th June** from **11am - 4pm** at Holford Manor, North Chailey, BN8 4DU.

All money from refreshments go to The Bevern Trust.

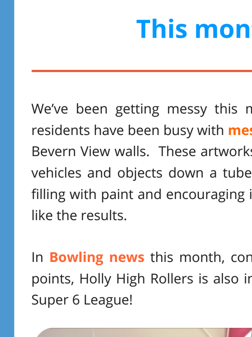
Ticket prices: £7 per person with accompanying children under 16 free. Tickets can be purchased at the gate.

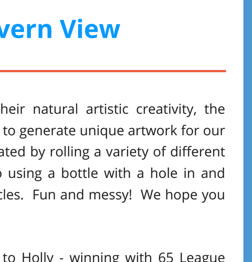
The gardens are wheelchair accessible and there is plenty of free parking.
No dogs please.

This month at Bevern View

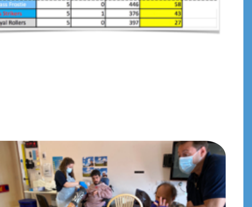
We've been getting messy this month! Using their natural artistic creativity, the residents have been busy with **messy art projects** to generate unique artwork for our Bevern View walls. These artworks have been created by rolling a variety of different vehicles and objects down a tube ramp, and also using a bottle with a hole in and filling with paint and encouraging it to swing in circles. Fun and messy! We hope you like the results.

In **Bowling news** this month, congratulations go to Holly - winning with 65 League points, Holly High Rollers is also in the Promotion Zone so heading hopefully for the Super 6 League!



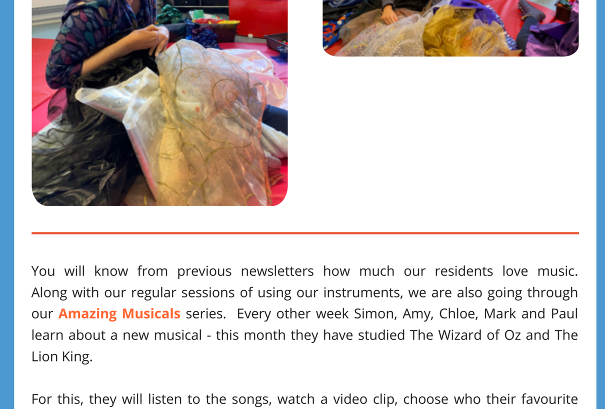


Amy and Mark enjoyed a **fashion design** session, looking at different designs and fabrics in preparation for JP's fashion show.



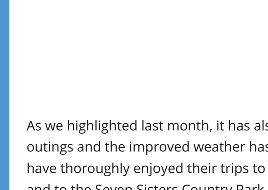
You will know from previous newsletters how much our residents love music. Along with our regular sessions of using our instruments, we are also going through our **Amazing Musicals** series. Every other week Simon, Amy, Chloe, Mark and Paul learn about a new musical - this month they have studied The Wizard of Oz and The Lion King.

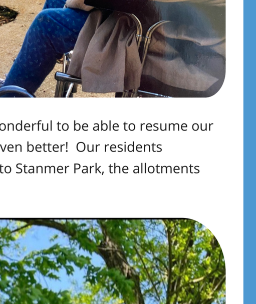
For this, they will listen to the songs, watch a video clip, choose who their favourite character is, decide their favourite song, listen to a few facts and finally give the musical a rating out of 100. All this information is then put into their Music Fact File so that they can look back at it and read about each musical in the future.



Over the last few months we have also been giving each resident a wonderful **This is Your Life** experience, looking at photos, talking to family and friends and talking about their favourite moments. This month was Amy's turn and here are some lovely photos from Amy's childhood - Amy obviously enjoys going to the beach!

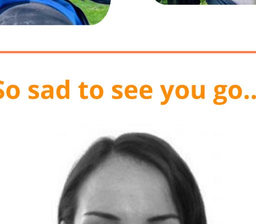
We're also following this by looking at **family trees** and learning more about all our resident's families.





As we highlighted last month, it has also been so wonderful to be able to resume our outings and the improved weather has made this even better! Our residents have thoroughly enjoyed their trips to the seaside, to Stanmer Park, the allotments and to the Seven Sisters Country Park.

So sad to see you go...



At the end of June we will be saying a very fond farewell to Ashly Sarsons, our Care Manager. Ashly has been with us for 10 years and has worked extremely hard, especially during the last pandemic year to ensure that our residents have exceptional support. We will miss her greatly and wish her well for her next exciting venture.

We've caught up with Ashly to hear a little more from her about her time at Bevern View:

Q. Why are you leaving?
A. I've been offered a job in a small home (assisted living) much closer to where I live which means I can spend more time with my young children.

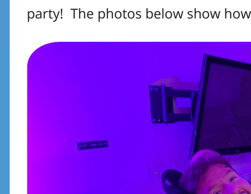
Q. What's your favourite thing about Bevern View?
A. I guess it's really the fact that I get to see the residents having fun and having a good life. It's been so good to have the freedom to help provide as many opportunities for the residents as possible.

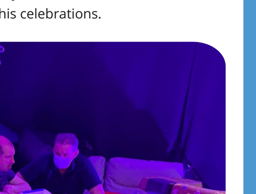
Q. What's the hardest thing about being at Bevern View?
A. Having to continually prove ourselves and evidence to people such as local authorities and CQC exactly how much we do for our residents in order to keep being able to do it!

Q. Favourite moment at Bevern View?
A. Going on holiday with the residents, I just had such an amazing time with them. We went to Dorset, Calvert Trust, Centre Parcs and Sandringham. I had such a giggle with Saleem in a really posh hotel in Sandringham.

Birthdays at Bevern View

Happy Birthday JP!
This month at Bevern View we all enjoyed JPs birthday with a hilarious Blind Date party! The photos below show how much JP loved his celebrations.

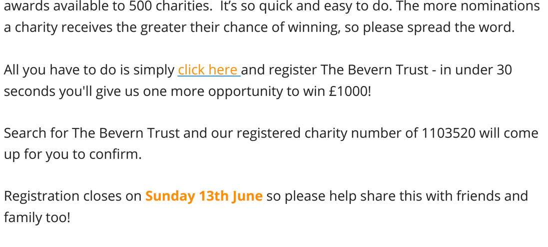




Getting to Know You ...

This month...meet Simon and Megan

Movement for Good



Ecclesiastical Insurance has launched this year's **Movement for Good** campaign.

Nominate us by **13th June** and give us the opportunity to win one of the £1,000 awards available to 500 charities. It's so quick and easy to do. The more nominations a charity receives the greater their chance of winning, so please spread the word.

All you have to do is simply click here and register The Bevern Trust - in under 30 seconds you'll give us one more opportunity to win £1000!

Search for The Bevern Trust and our registered charity number of 1103520 will come up for you to confirm.

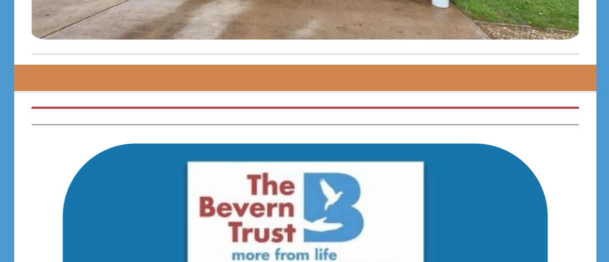
Registration closes on **Sunday 13th June** so please help share this with friends and family too!

Thank you for your support

Thank you so much to our wonderful volunteers who have helped in so many ways to make our Open Garden days such a success, despite the rain! Our supporters have baked cakes, manned the refreshment stand, taken ticket sales and organised the car parking. We couldn't have done this without you - a huge **THANK YOU!**

Our thanks also go to everyone who came along to any of the Open Garden days to enjoy a day out and help us raise almost £2000. We're hopeful that the weather for our final Open Garden on Saturday 5th June will be beautiful so do join us tomorrow!

If you are interested in supporting us on a more regular basis, please do take a look at our website for more information on the simple steps to sign up, or click the 'Support us monthly' button below.



Coming soon...!
More From Life Summer Challenge.

Check out next month's newsletter and keep an eye on our social media to find out more about our exciting summer fundraising challenge.

Support us monthly

We hope you enjoy hearing more about life at Bevern View and all that our residents and staff are involved with throughout the month. Please do let us know if there is anything else you would ever like to hear more of - we're always open to suggestions!

Our aim is to continually inspire you with news of our residents at Bevern View and show the impact you can make in the lives of these profoundly disabled young adults through your fundraising and support.

Our **regular givers** are a vital part of the Bevern Trust. Regular monthly support enables us to plan throughout the year for our general expenditure and towards projects such as our hydro pool, music therapy sessions or replacement of our vital hoists and specialist beds.

There are so many ways to get involved with our Bevern View community and we'd love to encourage and support you in undertaking your own fundraising activities for the Bevern Trust. Do get in touch if we can help in any way.

Enjoy the Summer sun!

The Bevern Trust
info@beverntrust.org

Copyright © 2021 The Bevern Trust, All rights reserved.

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list.

mailchimp