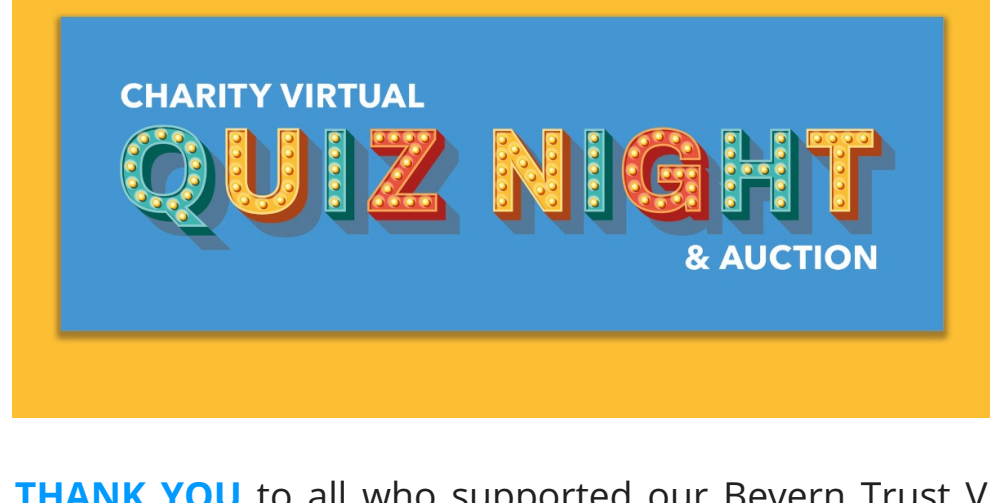




Welcome to Bevern View News



Firstly, a huge **THANK YOU** to all who supported our Bevern Trust Virtual Quiz and Auction evening. Over sixty teams took part in the evening and, as well as having lots of fun and learning interesting new facts, we were thrilled to have raised over **£7,500!**

This will have a great impact on our work and future financial planning. Special thanks to Natasha Kaplinsky and Justin Bower for their wonderful roles in virtual firsts for them respectively as online quiz host and auctioneer!

Many thanks to our corporate sponsors Knill James, Focus IT, Sussex Payroll Services and Swetwipes who so generously supported us for the Quiz & Auction.

Thank you also to our supporters Dr Norman Moles, Terry Thompson and Sue MacGregor, and to local businesses who kindly donated gifts to the auction - thank you to Waitrose Lewes, Holmansbridge Farm Shop, ilovelewes, Focus IT, Goldcliff Garden Centre, WE Clark & Sons, Chelsea Football Club, The Runnymede on Thames hotel, The Grove hotel and The Grove spa for your gifts.

During the evening, we had an opportunity to share more about life at Bevern View as we watched this wonderful video together. The video below clearly demonstrates the impact our fundraising has on our residents' lives.



February Fun & Learning

This month the residents have had great enjoyment from our *This is your Life* special. We've been learning about each resident, celebrating their life and reminiscing about everything they've done. Friends and family sent in lots of videos which we watched together, sharing times of laughter and fun. This has also been a wonderful way for new staff to get to know the residents even better.

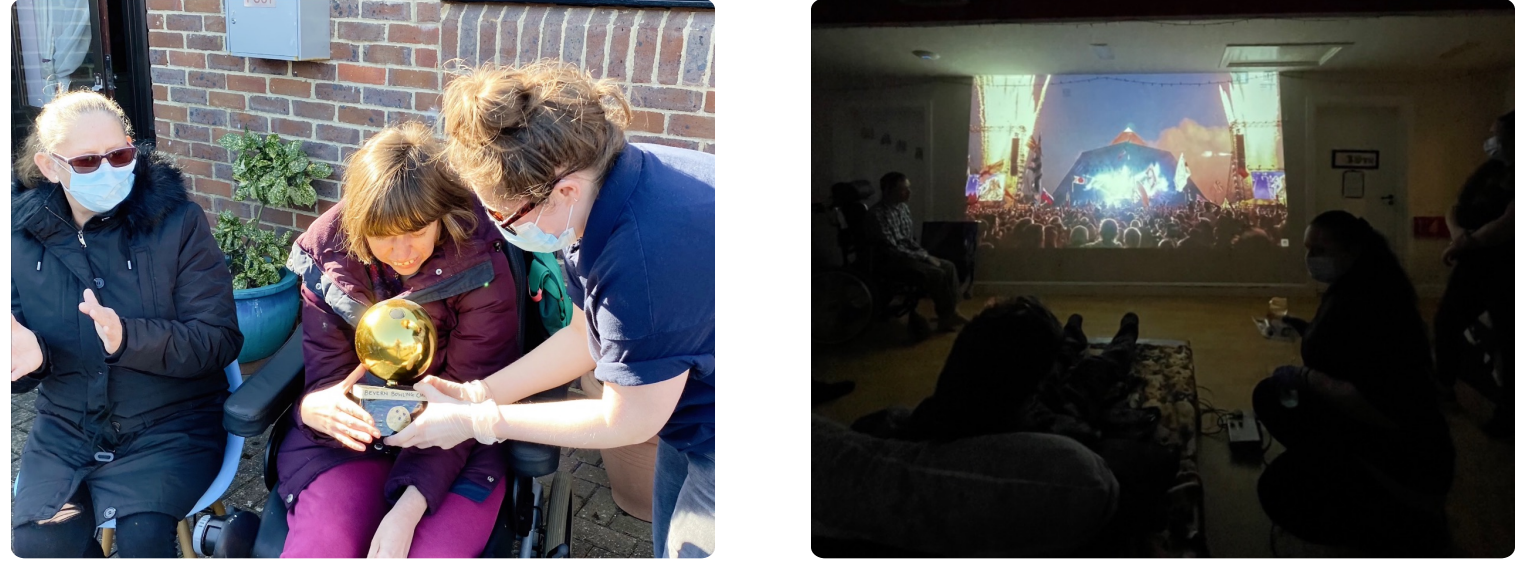
Ciaran's Cafe has continued running each Monday, always with a different assistant - below you can see Amy helping out this week.

Amy has been busy as this month she also won the **Glow Bowling** Championship! Amy managed to hold off the competition and scored 83 points. She has been waiting for this victory since October 2019! Congratulations Amy! 🎉🏆

As many of our residents are unable to go to church during lockdown, they have been particularly enjoying our **Lighthouse Club** during this time. Click on their names to see **Jonathan** and **Ciaran** enjoying worship over the past year. Check out our **YouTube** channel for more videos.

Music is always extremely important for our residents and we have many different opportunities to experience the power of music. We love our **Disco Rebound** sessions where Ciaran gets on the DJ decks and others benefit from time on the trampoline. We all loved the set of Valentine's music as well!

JP has also been enjoying the **vibro-acoustic bed** whilst watching Beyoncé performing at Glastonbury - this amazing technology is like our own virtual reality session.



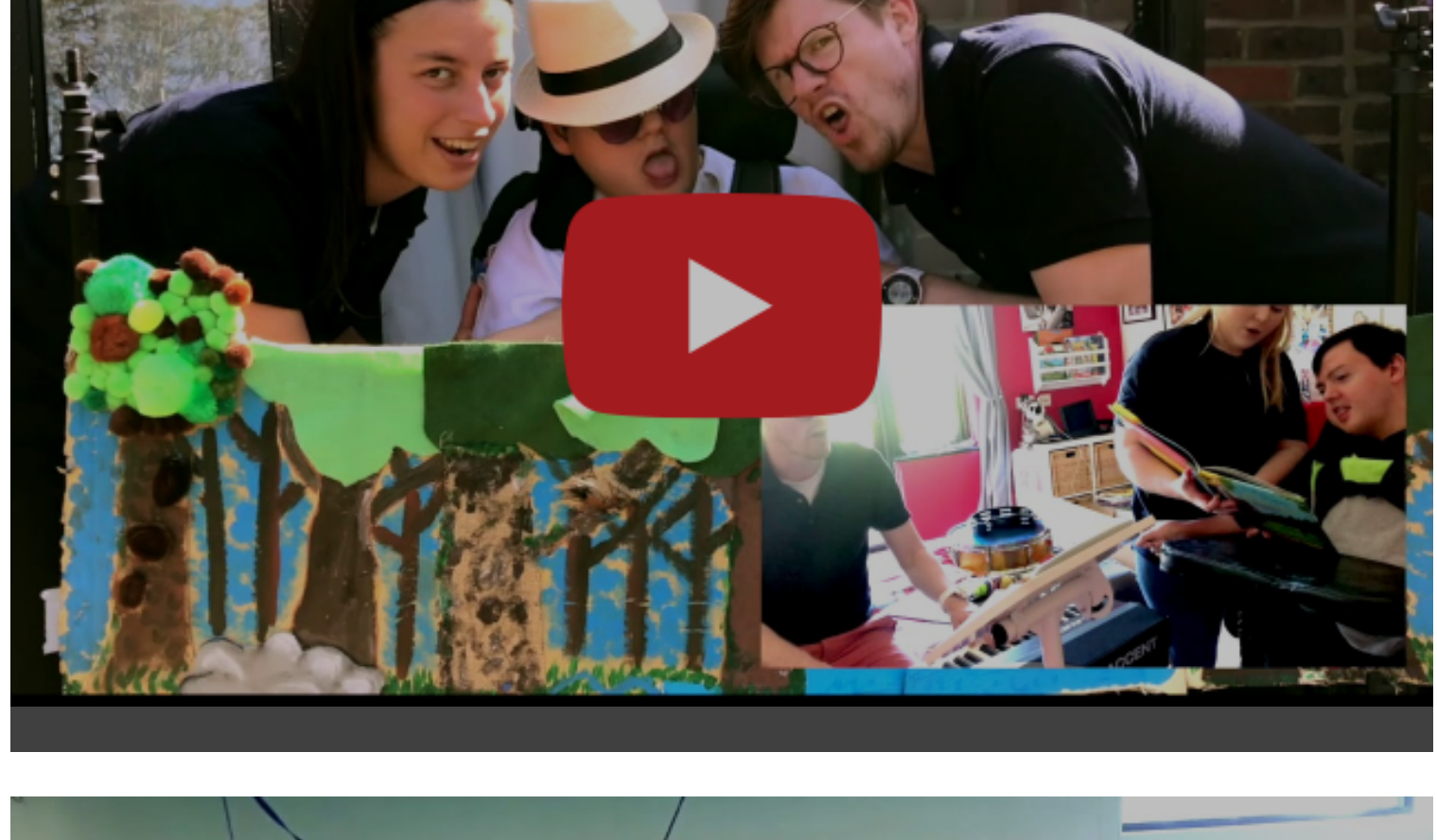
Communication Champions

During the last month, Nicky A, our Communication Co-ordinator, and James S (support worker) have been working on a personalised communication book to enable James (resident) to tell them how he is feeling, to talk about people, choose different activities and make up simple stories. James really enjoys storytelling and especially loves taking part in interactive bag book time. Take a look at the clip below of James enjoying his firm favourite, *The Gruffalo* a few months ago.

The team has found it hard wearing PPE for so many months but it's been essential to enable staff to work closely with the residents and continue practising Intensive Interaction with Jonathan, Saleem and Mark. This is a communication approach designed to work on early interaction abilities and help develop fundamental communication skills such as using eye contact, facial expressions and vocalisations and helps our residents to build a connection with others.

Nicky has been working together with JP (resident), Domi (JP's dad) and Cat (JP's keyworker) to programme a communication grid on JP's iPad to communicate, ask questions and find out juicy gossip, which he loves!

Our hydro pool is essential for all our residents and it has been wonderful to see Maciek, a support worker and Jonathan's communication in the hydro pool - they pretend to be synchronised swimmers and their interaction is very special. Take a look at the video below for some wonderful dancing!



Birthday Celebrations

Happy Birthday Paul!



This month, everyone at Bevern View had fun celebrating Paul's birthday with a socially distanced party in the garden. The party started off with a big Hello Group and singing Happy Birthday to Paul under beautiful blue skies.

Residents and staff then played pass the parcel, which resulted in a balloon popping game to release either water or rice over a staff head, lots of dancing, custard pies and all round fun and silliness!

Getting to Know You ...

This month...meet Chloe and Emily

Chloe

Resident at Bevern View

Chloe's favourite activities at Bevern View:

Using switches for activities, going in the hydro pool and baking

Favourite food: Chocolate!

Chloe loves:

laughing and socialising

Chloe is especially looking forward this year to:

being able to spend time with her Mum and Dad

Been at Bevern View for:

one year

My favourite memory from last year at Bevern View:

was when the residents got to see their parents for the first time after the first of three lockdowns. It brought such joy to my heart to see them reunited with their loved ones.

What do you enjoy in your spare time:

I enjoy listening to music and usually I lead a small team of musicians at my church in Burgess Hill. I am very involved in my church and have a strong faith in the love and hope of Jesus Christ.

Emily

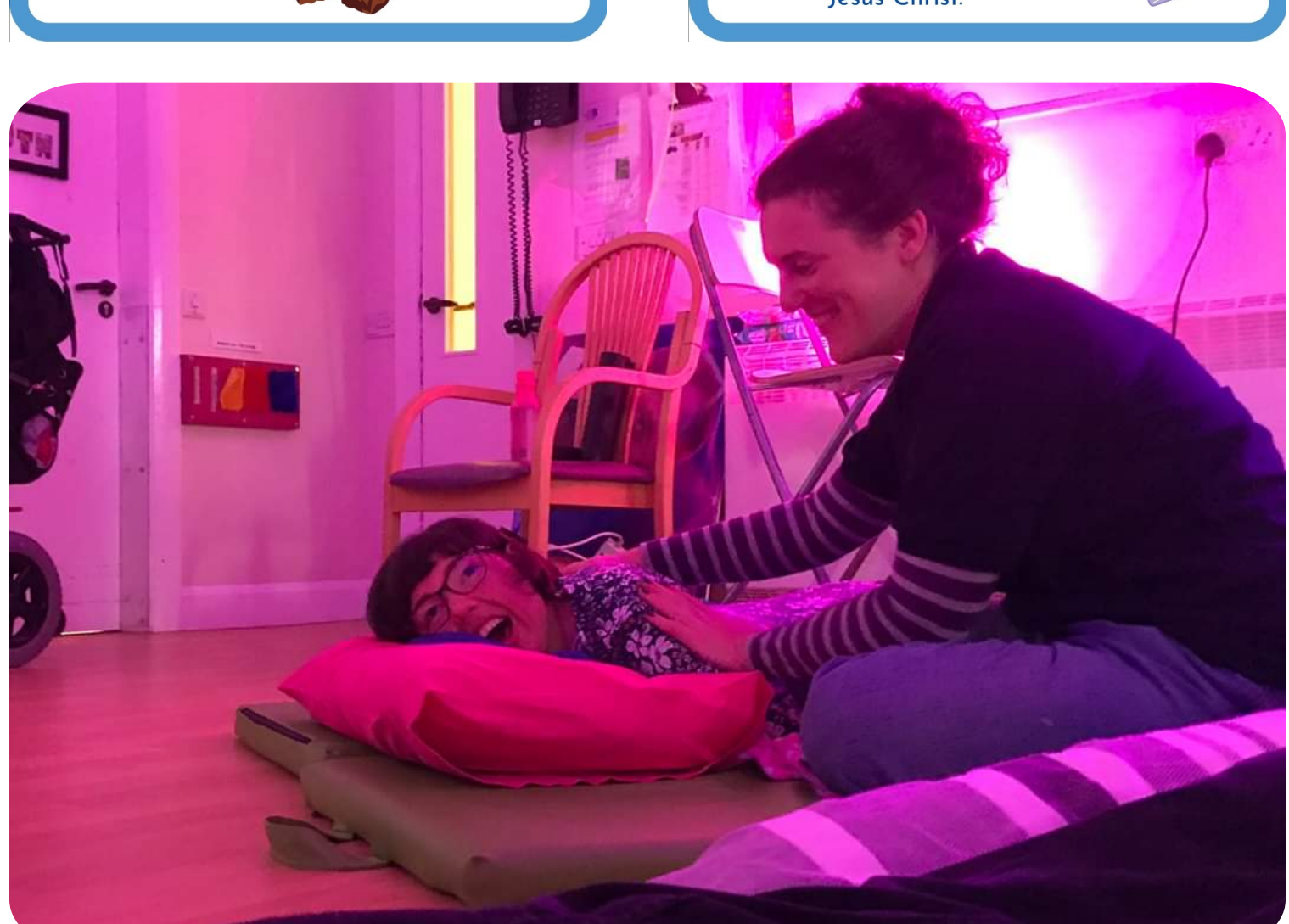
Keyworker

Most rewarding part of your job:

I absolutely love singing and making music with the residents

Favourite Food:

Chocolate!



Thank you

Thank you so much to Sharon, whose brother Mark is a resident at Bevern View, for your donation of a table which can be raised. Our amazing maintenance man, Graeme, donated an additional table top and fitted this on top so that it is now big enough for all our residents to sit under in their wheelchairs. A great Bevern team effort!



Support us monthly

Thank you for all your support in so many ways - we really do appreciate it. Your generous support helps us to maintain these activities and enables us to maintain our ethos of giving our residents 'more from life'.

Whilst many of you may have visited us, shared laughter at a fundraising quiz, taken part in a Fun Run, attended a church service or maybe have volunteered with us, we know some will be new to the wonderful life affirming care we give. We so look forward to when we can welcome visitors to meet our residents, see our home and share our delicious cakes!

We hope we have inspired you with news of the wonderful residents at Bevern View and the difference you can make in the lives of these profoundly disabled young adults. Our **regular givers** are a vital part of the Bevern Trust. Regular monthly support enables us to plan throughout the year for our general expenditure and towards projects such as our hydro pool, music therapy sessions or replacement of our vital hoists.

Don't forget the many ways you can get involved with our Bevern View community - through undertaking your own fundraising activities, supporting our events, volunteering or joining Bevern Friends.

We look forward to all that 2021 has to bring.

The Bevern Trust
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